

2013 Montana Youth Risk Behavior Survey



Trend Report 1999-2013

HEALTH ENHANCEMENT AND SAFETY DIVISION
JULY 2013



opi.mt.gov

Montana
Office of Public Instruction
Denise Juneau, State Superintendent

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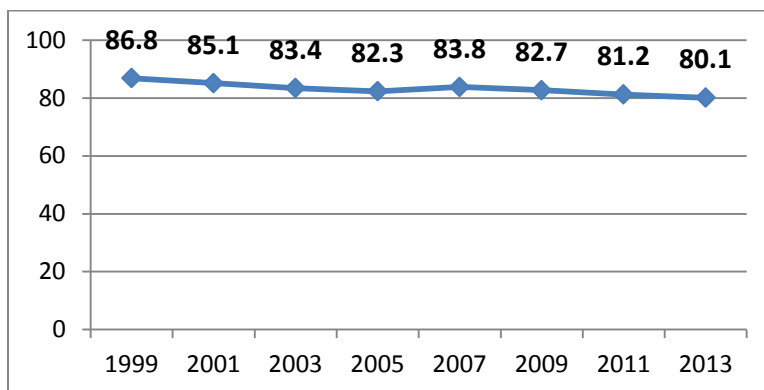


Health risk behaviors with a statistical difference between 2011 and 2013 data are indicated by a shaded box; green shades indicate improving behavioral data, red shades indicate worsening behavioral data.

Unintentional Injuries and Violence -

PERCENTAGE OF MONTANA HIGH SCHOOL STUDENTS WHO . . .

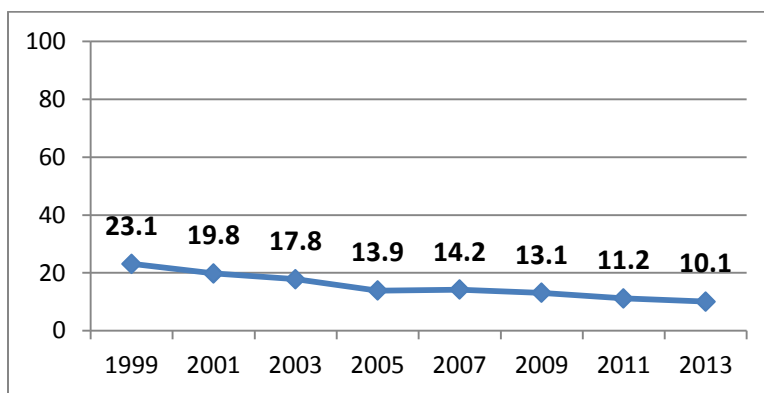
NEVER OR RARELY WORE A BICYCLE HELMET WHEN RIDING DURING THE PAST 12 MONTHS



2011-2013: No change

Ten-year Trend: Decreased

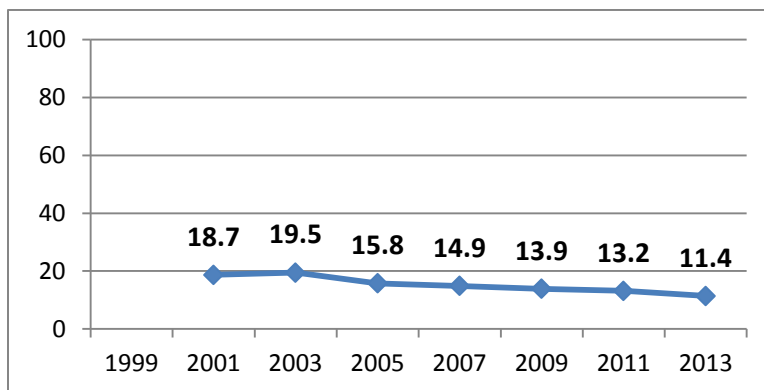
NEVER OR RARELY WORE A SEAT BELT WHEN RIDING IN A CAR DRIVEN BY SOMEONE ELSE



2011-2013: No change

Ten-year Trend: Decreased

NEVER OR RARELY WORE A SEAT BELT WHEN DRIVING A CAR



2011-2013: No change

Ten-year Trend: Decreased

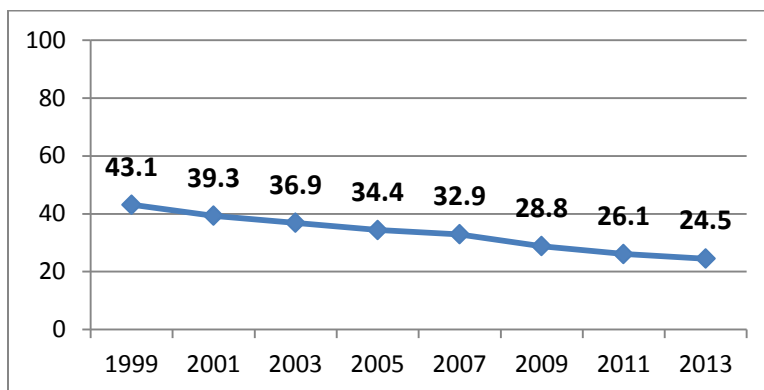
UNINTENTIONAL INJURIES AND VIOLENCE -

PERCENTAGE OF MONTANA HIGH SCHOOL STUDENTS WHO . . .

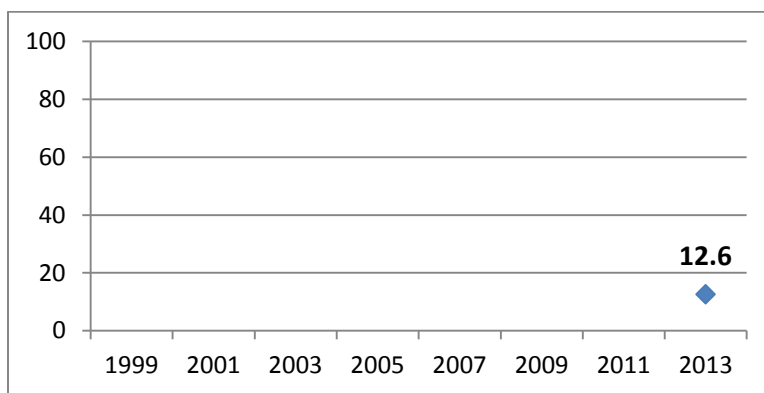
RODE IN A CAR DRIVEN BY SOMEONE WHO HAD BEEN DRINKING ALCOHOL DURING THE PAST 30 DAYS

2011-2013: No change

Ten-year Trend: Decreased



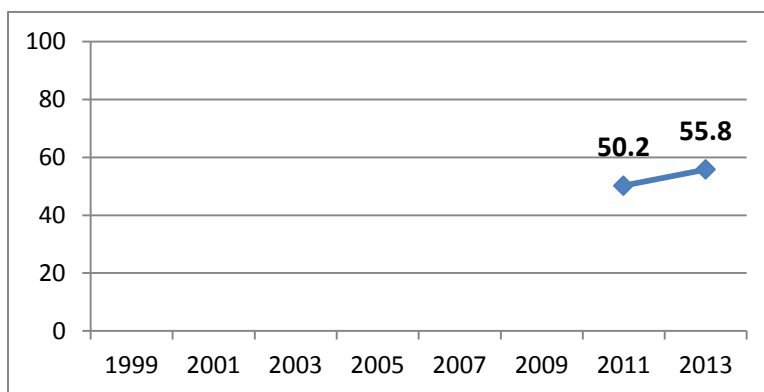
DROVE A CAR WHEN THEY HAD BEEN DRINKING ALCOHOL DURING THE PAST 30 DAYS



TEXTED OR E-MAILED WHILE DRIVING A CAR DURING THE PAST 30 DAYS

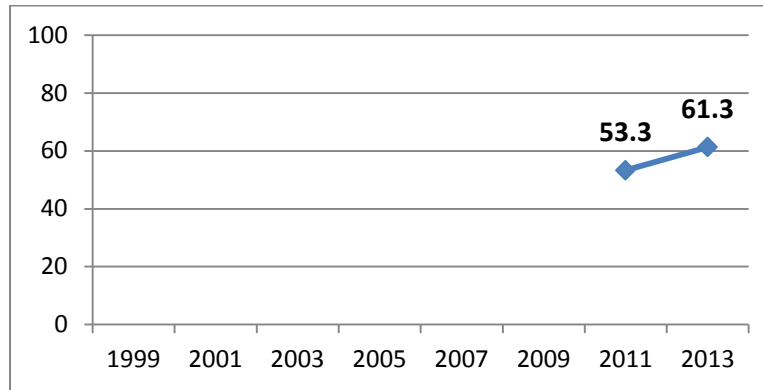
2011-2013: Increased

Ten-year Trend: Increased



UNINTENTIONAL INJURIES AND VIOLENCE -

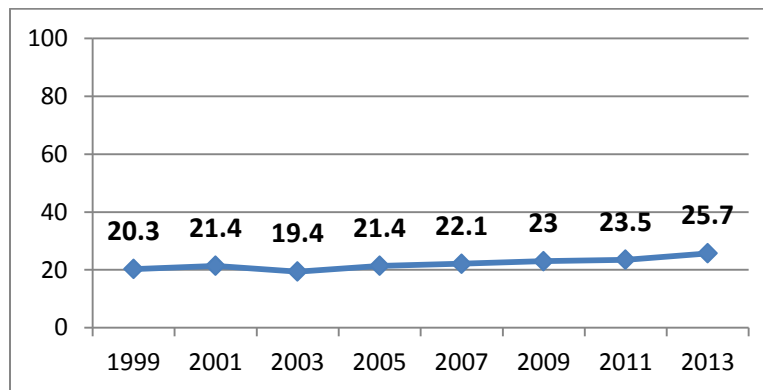
PERCENTAGE OF MONTANA HIGH SCHOOL STUDENTS WHO . . .
TALKED ON A CELL PHONE WHILE DRIVING A CAR DURING THE PAST 30 DAYS



2011-2013: Increased

Ten-year Trend: Increased

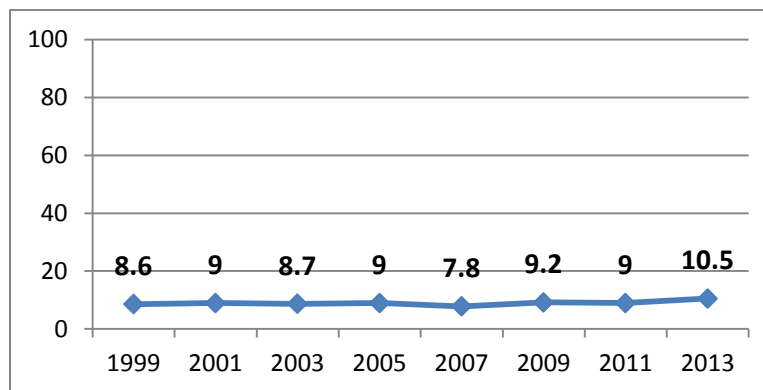
CARRIED A WEAPON SUCH AS A GUN, KNIFE, OR CLUB DURING THE PAST 30 DAYS



2011-2013: No change

Ten-year Trend: Increased

CARRIED A GUN DURING THE PAST 30 DAYS



2011-2013: No change

Ten-year Trend: Increased

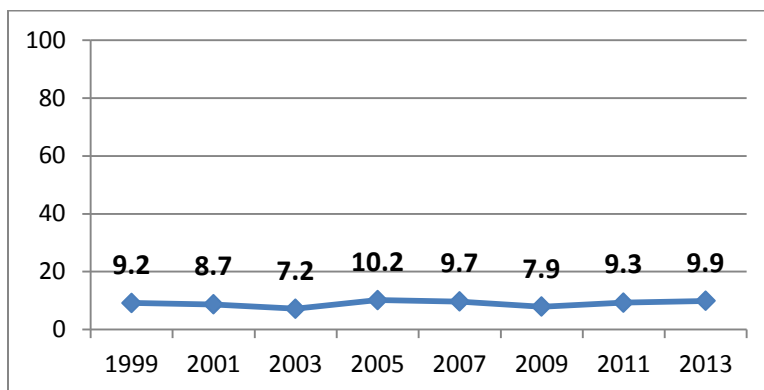
UNINTENTIONAL INJURIES AND VIOLENCE -

PERCENTAGE OF MONTANA HIGH SCHOOL STUDENTS WHO . . .

CARRIED A WEAPON SUCH AS A GUN, KNIFE, OR CLUB ON SCHOOL PROPERTY DURING THE PAST 30 DAYS

2011-2013: No Change

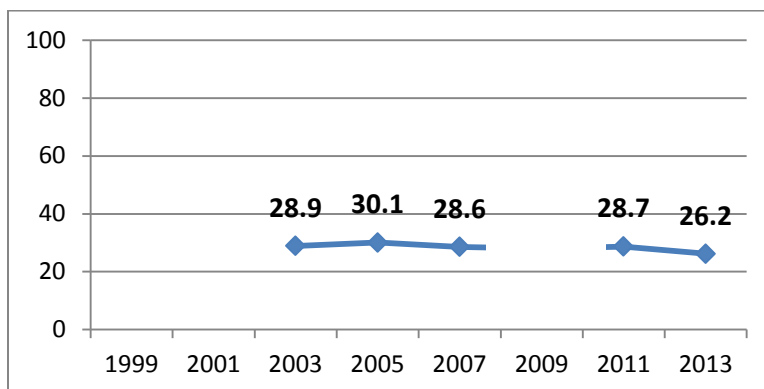
Ten-year Trend: Increased



HAD PROPERTY SUCH AS THEIR CAR, CLOTHING, OR BOOKS STOLEN OR DELIBERATELY DAMAGED ON SCHOOL PROPERTY DURING THE PAST 12 MONTHS

2011-2013: No change

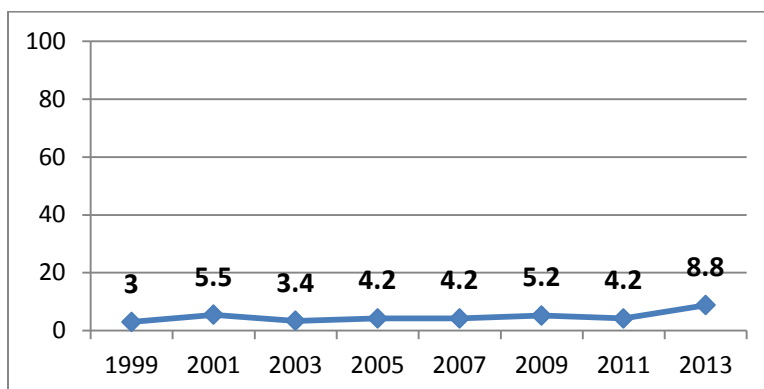
Ten-year Trend: No change



DID NOT GO TO SCHOOL BECAUSE THEY FELT UNSAFE AT SCHOOL OR ON THEIR WAY TO OR FROM SCHOOL DURING THE PAST 30 DAYS

2011-2013: Increased

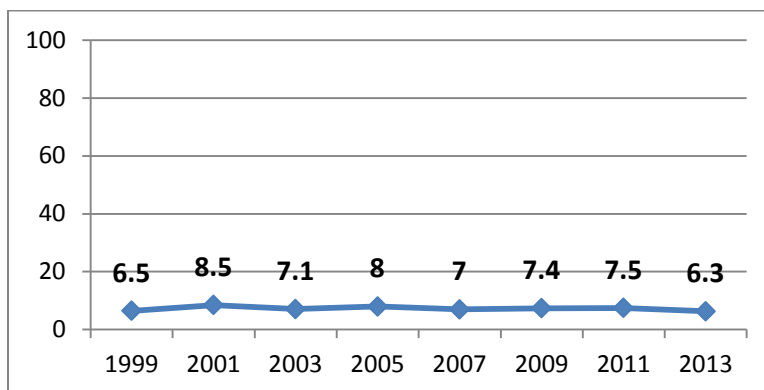
Ten-year Trend: Increased



UNINTENTIONAL INJURIES AND VIOLENCE -

PERCENTAGE OF MONTANA HIGH SCHOOL STUDENTS WHO . . .

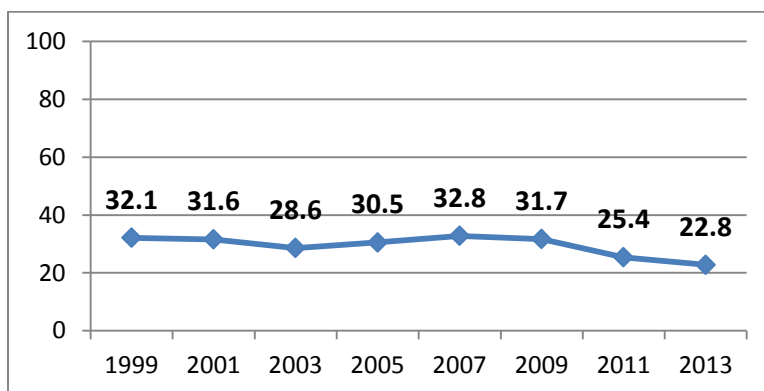
HAD BEEN THREATENED OR INJURED WITH A WEAPON ON SCHOOL PROPERTY DURING THE PAST 12 MONTHS



2011-2013: No change

Ten-year Trend: No change

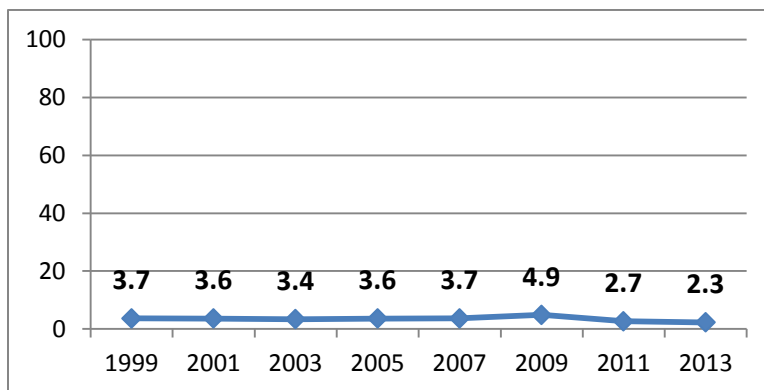
WERE IN A PHYSICAL FIGHT DURING THE PAST 12 MONTHS



2011-2013: Decreased

Ten-year Trend: Decreased

WERE INJURED IN A PHYSICAL FIGHT THAT REQUIRED MEDICAL TREATMENT DURING THE PAST 12 MONTHS



2011-2013: No change

Ten-year Trend: Decreased

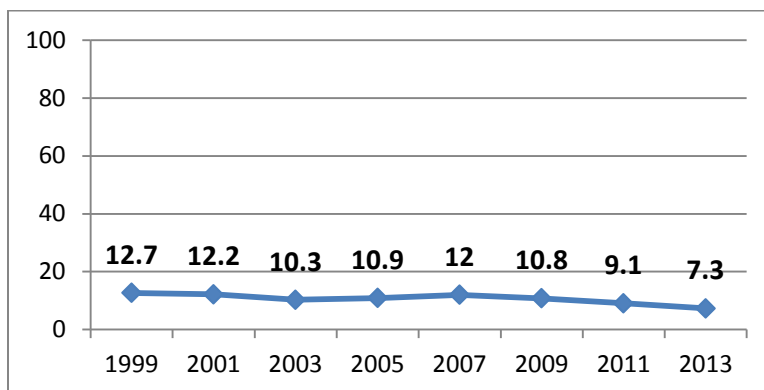
UNINTENTIONAL INJURIES AND VIOLENCE -

PERCENTAGE OF MONTANA HIGH SCHOOL STUDENTS WHO . . .

WERE IN A PHYSICAL FIGHT ON SCHOOL PROPERTY DURING THE PAST 12 MONTHS

2011-2013: Decreased

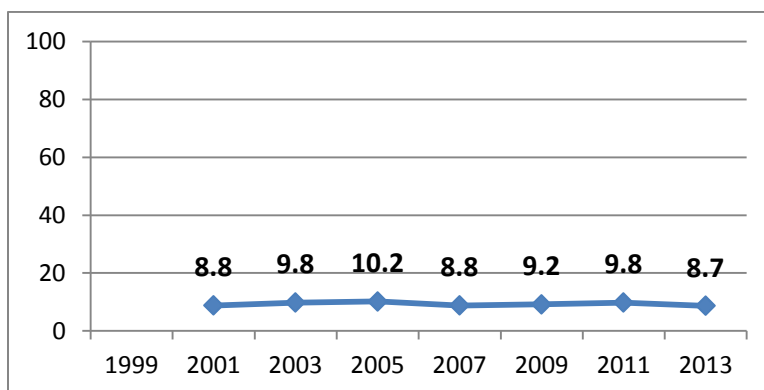
Ten-year Trend: Decreased



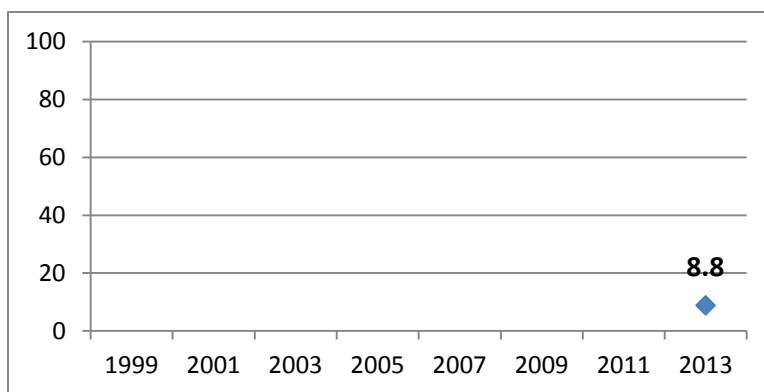
HAD EVER BEEN PHYSICALLY FORCED TO HAVE SEXUAL INTERCOURSE WHEN THEY DID NOT WANT TO

2011-2013: No change

Ten-year Trend: No change



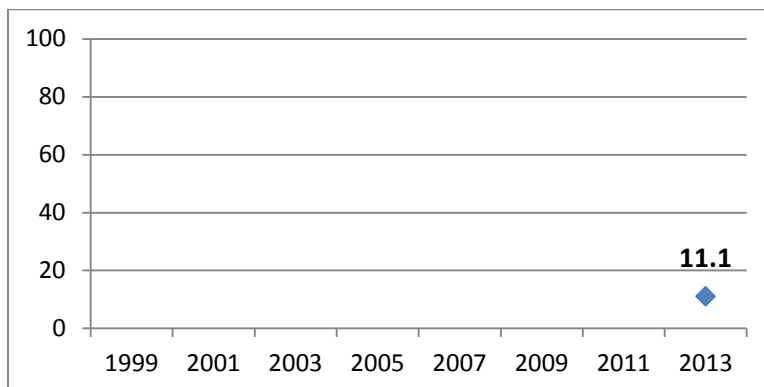
OF DATING STUDENTS, WERE PURPOSELY HIT, SLAMMED INTO SOMETHING, OR INJURED WITH AN OBJECT OR WEAPON BY SOMEONE THEY WERE DATING DURING THE PAST 12 MONTHS



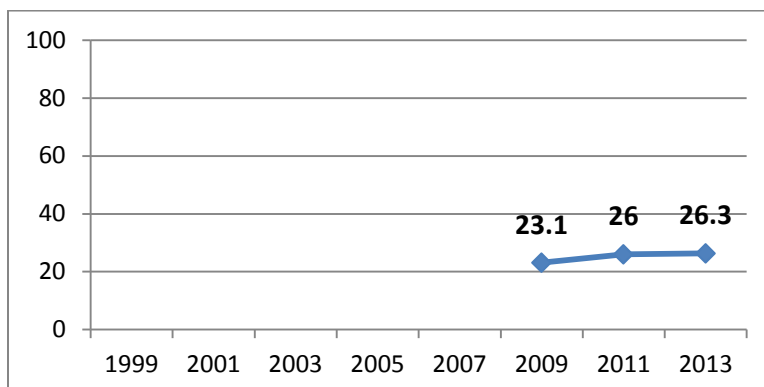
UNINTENTIONAL INJURIES AND VIOLENCE -

PERCENTAGE OF MONTANA HIGH SCHOOL STUDENTS WHO . . .

OF DATING STUDENTS, WERE FORCED TO DO SEXUAL THINGS (E.G., KISSING, TOUCHING OR FORCED SEXUAL INTERCOURSE) BY SOMEONE THEY WERE DATING OR GOING OUT WITH DURING THE PAST 12 MONTHS



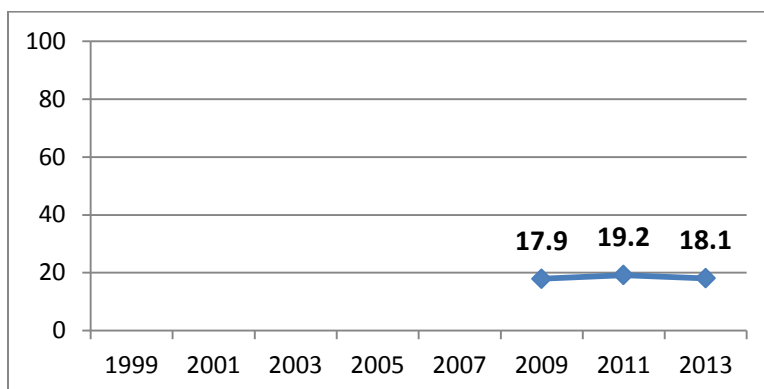
HAD BEEN BULLIED ON SCHOOL PROPERTY



2011-2013: No change

Ten-year Trend: Increased

HAD BEEN ELECTRONICALLY BULLIED, SUCH AS THROUGH E-MAIL, CHAT ROOMS, INSTANT MESSAGING, WEB SITES, OR TEXT MESSAGING DURING THE PAST 12 MONTHS



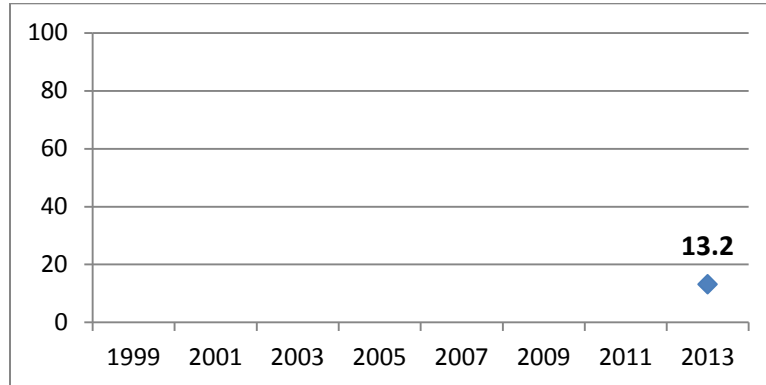
2011-2013: No change

Ten-year Trend: No change

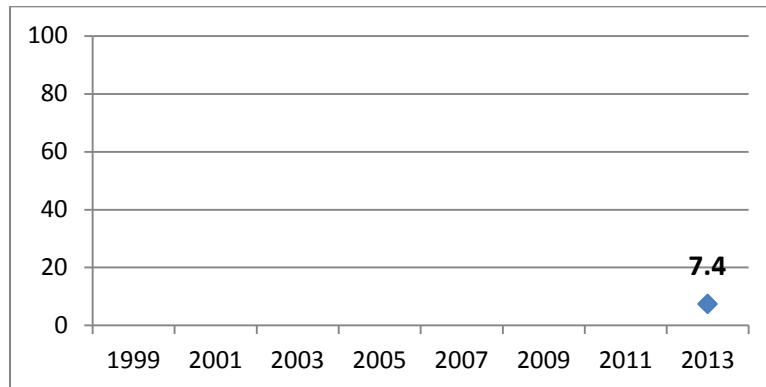
UNINTENTIONAL INJURIES AND VIOLENCE -

PERCENTAGE OF MONTANA HIGH SCHOOL STUDENTS WHO . . .

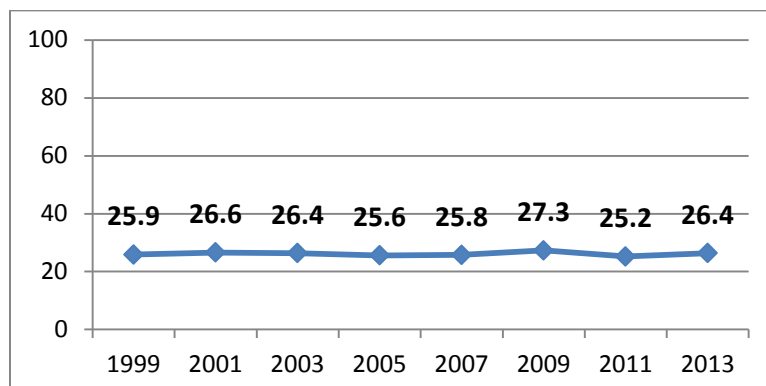
HAD BEEN THE VICTIM OF TEASING, NAME CALLING OR BULLYING BECAUSE SOMEONE THOUGHT THEY WERE GAY, LESBIAN, OR BISEXUAL DURING THE PAST 12 MONTHS



HAVE EVER BEEN CHOKED BY SOMEONE OR TRIED TO CHOKE THEMSELVES ON PURPOSE, SUCH AS WITH A BELT, TOWEL, OR ROPE, FOR THE FEELING OR EXPERIENCE IT CAUSED



FELT SO SAD OR HOPELESS FOR TWO WEEKS OR MORE IN A ROW THAT THEY STOPPED DOING SOME USUAL ACTIVITIES DURING THE PAST 12 MONTHS



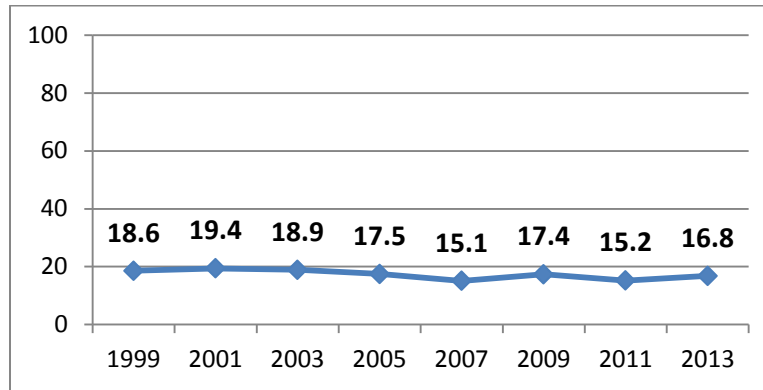
2011-2013: No change

Ten-year Trend: No change

UNINTENTIONAL INJURIES AND VIOLENCE -

PERCENTAGE OF MONTANA HIGH SCHOOL STUDENTS WHO . . .

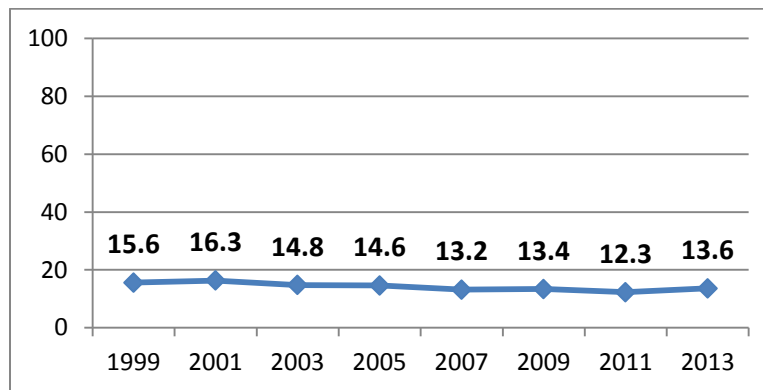
SERIOUSLY CONSIDERED ATTEMPTING SUICIDE DURING THE PAST 12 MONTHS



2011-2013: No change

Ten-year Trend: Decreased

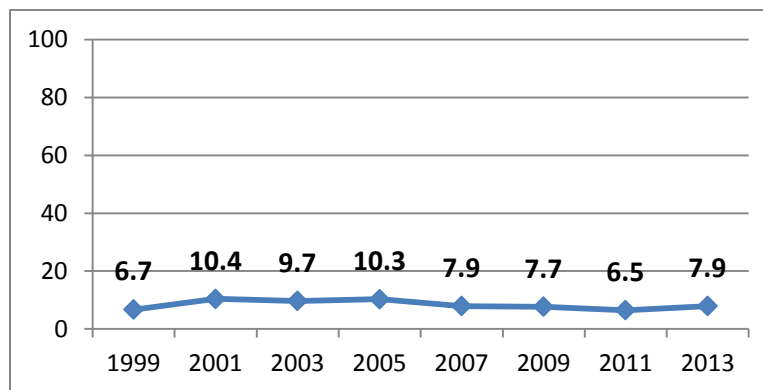
MADE A PLAN ABOUT HOW THEY WOULD ATTEMPT SUICIDE DURING THE PAST 12 MONTHS



2011-2013: No change

Ten-year Trend: Decreased

ACTUALLY ATTEMPTED SUICIDE DURING THE PAST 12 MONTHS



2011-2013: No change

Ten-year Trend: Decreased

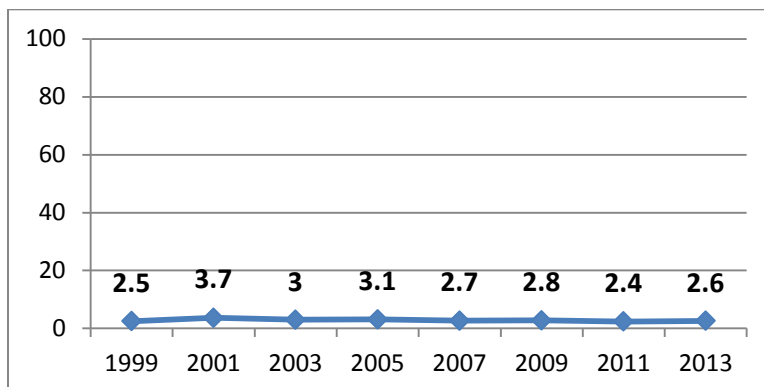
UNINTENTIONAL INJURIES AND VIOLENCE -

PERCENTAGE OF MONTANA HIGH SCHOOL STUDENTS WHO . . .

HAD A SUICIDE ATTEMPT RESULTING IN INJURY, POISONING, OR OVERDOSE THAT REQUIRED MEDICAL TREATMENT DURING THE PAST 12 MONTHS

2011-2013: No change

Ten-year Trend: No change



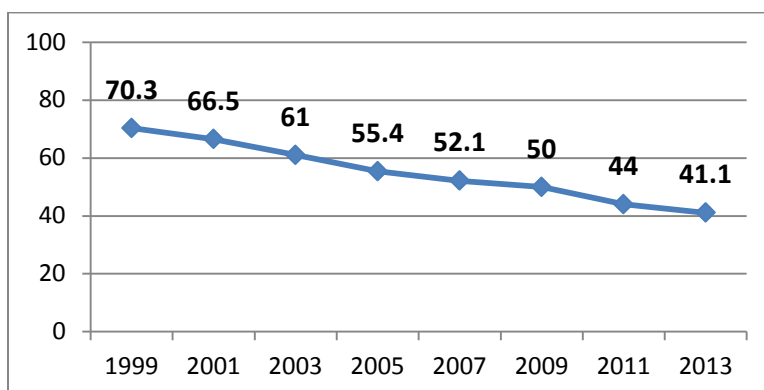
TOBACCO USE -

PERCENTAGE OF MONTANA HIGH SCHOOL STUDENTS WHO . . .

EVER TRIED CIGARETTE SMOKING

2011-2013: No change

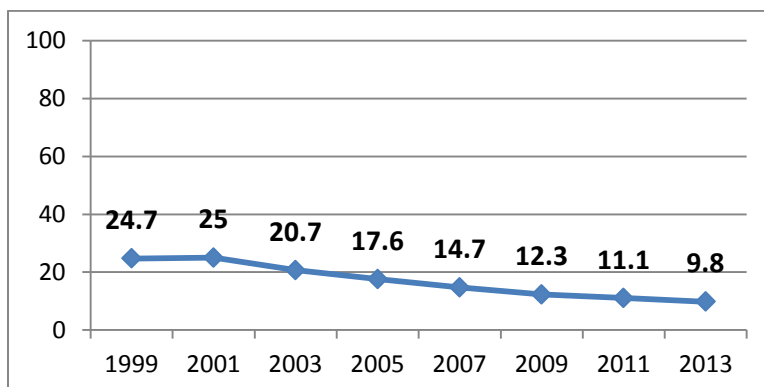
Ten-year Trend: Decreased



SMOKED A CIGARETTE BEFORE AGE 13

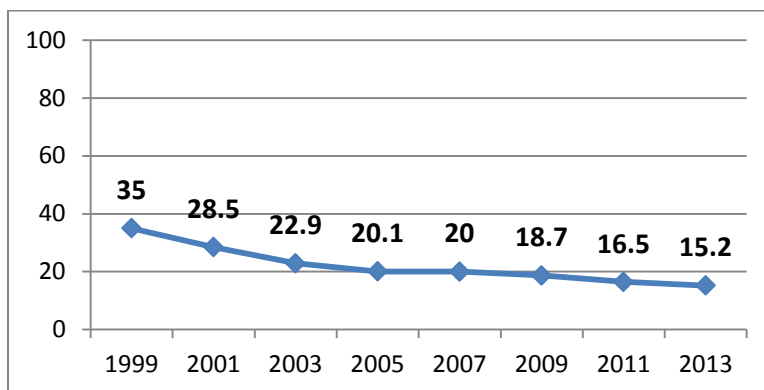
2011-2013: No change

Ten-year Trend: Decreased



TOBACCO USE -

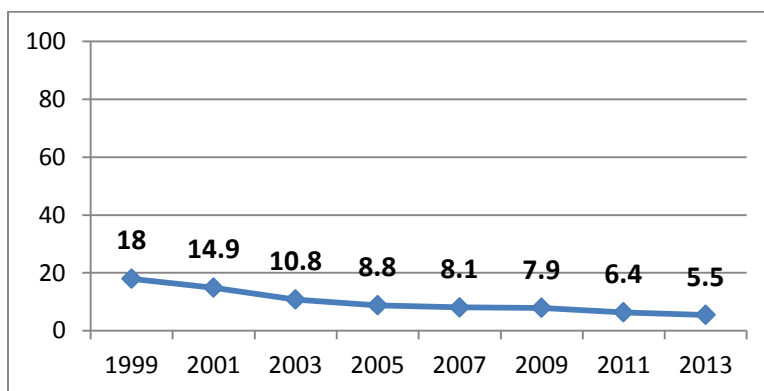
PERCENTAGE OF MONTANA HIGH SCHOOL STUDENTS WHO . . .
SMOKED A CIGARETTE ON ONE OR MORE OF THE PAST 30 DAYS ("CURRENT SMOKER")



2011-2013: No change

Ten-year Trend: Decreased

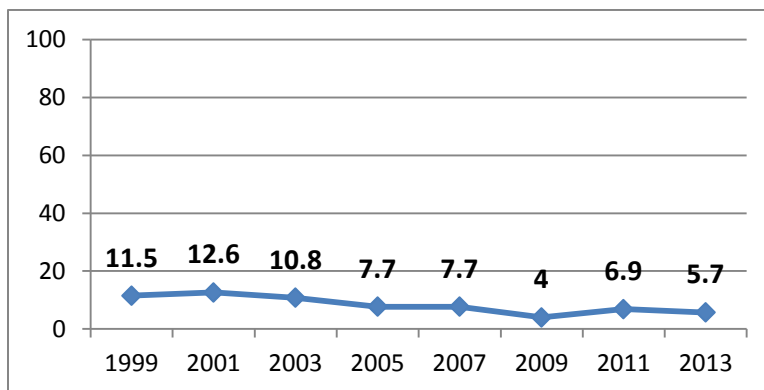
SMOKED CIGARETTES ON 20 OR MORE OF THE PAST 30 DAYS ("FREQUENT SMOKER")



2011-2013: No change

Ten-year Trend: Decreased

AMONG CURRENT SMOKERS, SMOKED MORE THAN 10 CIGARETTES PER DAY ON THE DAYS THEY SMOKED DURING THE PAST 30 DAYS



2011-2013: No change

Ten-year Trend: Decreased

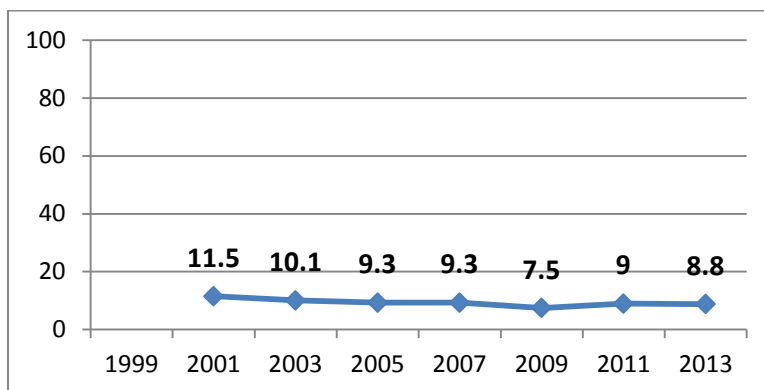
TOBACCO USE -

PERCENTAGE OF MONTANA HIGH SCHOOL STUDENTS WHO . . .

USUALLY GOT THEIR CIGARETTES BY BUYING THEM IN A STORE OR GAS STATION DURING THE PAST 30 DAYS

2011-2013: No change

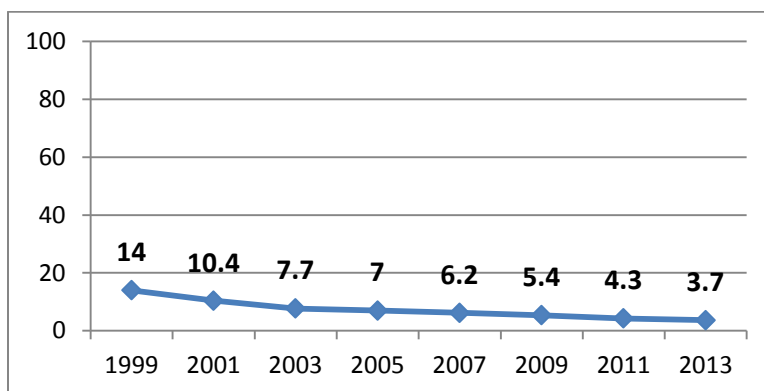
Ten-year Trend: No change



SMOKED CIGARETTES ON SCHOOL PROPERTY DURING THE PAST 30 DAYS

2011-2013: No change

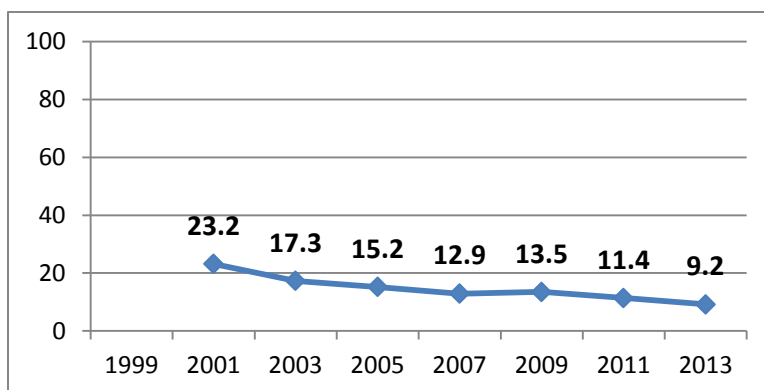
Ten-year Trend: Decreased



EVER SMOKED CIGARETTES DAILY, THAT IS, AT LEAST ONE CIGARETTE EVERY DAY FOR 30 DAYS

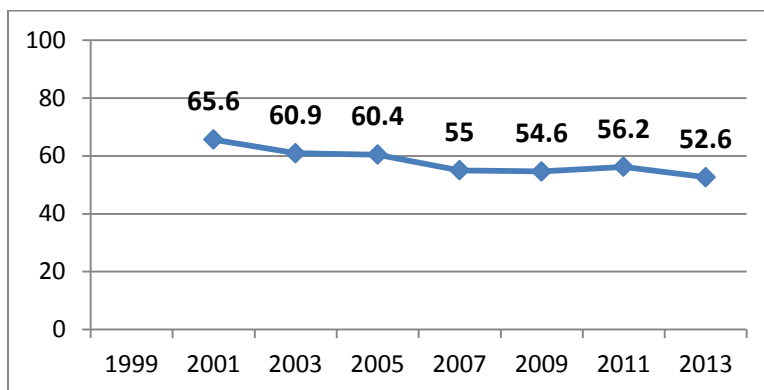
2011-2013: No change

Ten-year Trend: Decreased



TOBACCO USE -

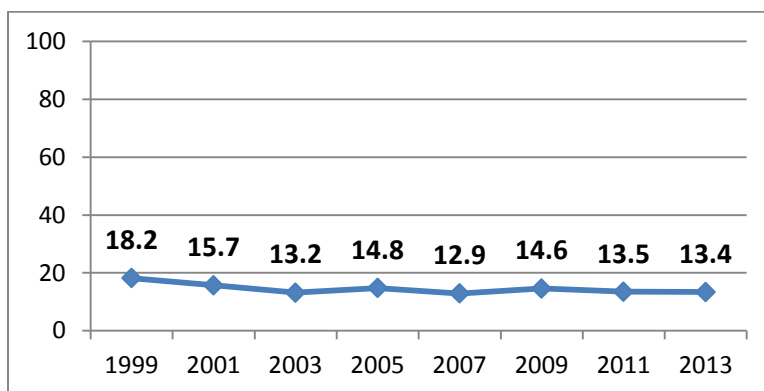
PERCENTAGE OF MONTANA HIGH SCHOOL STUDENTS WHO . . .
AMONG CURRENT SMOKERS, TRIED TO QUIT SMOKING DURING THE PAST 12 MONTHS



2011-2013: No change

Ten-year Trend: Decreased

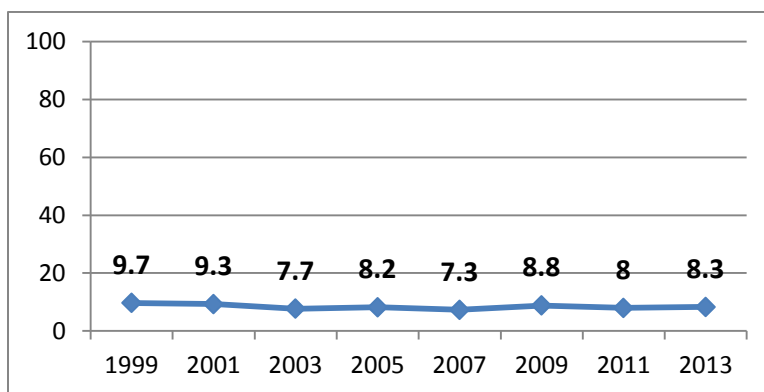
USED CHEWING TOBACCO, SNUFF, OR DIP DURING THE PAST 30 DAYS



2011-2013: No change

Ten-year Trend: No change

USED CHEWING TOBACCO, SNUFF, OR DIP ON SCHOOL PROPERTY DURING THE PAST 30 DAYS



2011-2013: No change

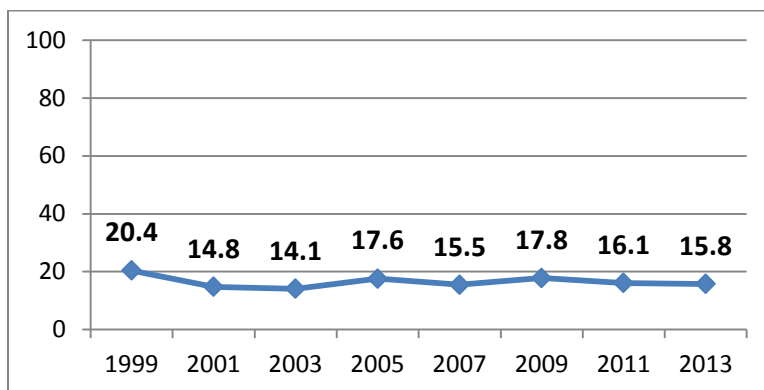
Ten-year Trend: No change

TOBACCO USE -

PERCENTAGE OF MONTANA HIGH SCHOOL STUDENTS WHO . . .
SMOKED CIGARS, CIGARILLOS, OR LITTLE CIGARS DURING THE PAST 30 DAYS

2011-2013: No change

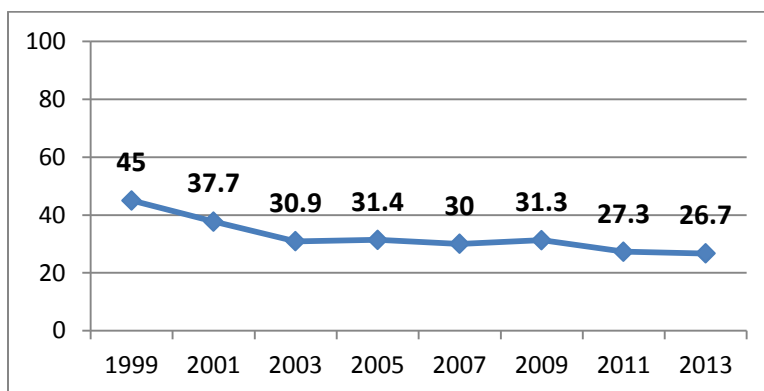
Ten-year Trend: No change



SMOKED CIGARETTES OR CIGARS OR USED CHEWING TOBACCO, SNUFF, OR DIP DURING THE PAST 30 DAYS

2011-2013: No change

Ten-year Trend: Decreased

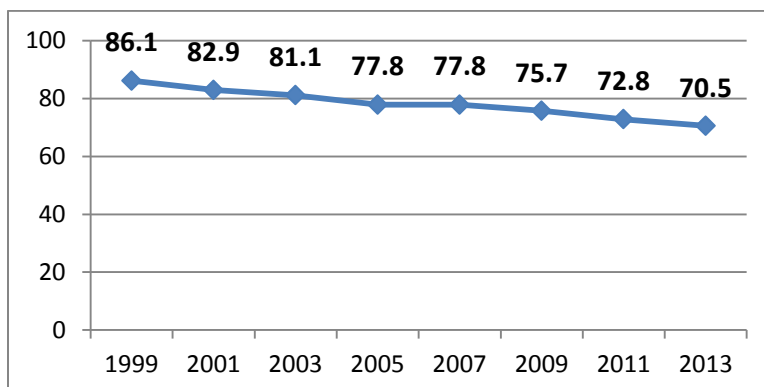


ALCOHOL AND OTHER DRUG USE -

PERCENTAGE OF MONTANA HIGH SCHOOL STUDENTS WHO . . .
HAD AT LEAST ONE DRINK OF ALCOHOL DURING THEIR LIFE

2011-2013: No change

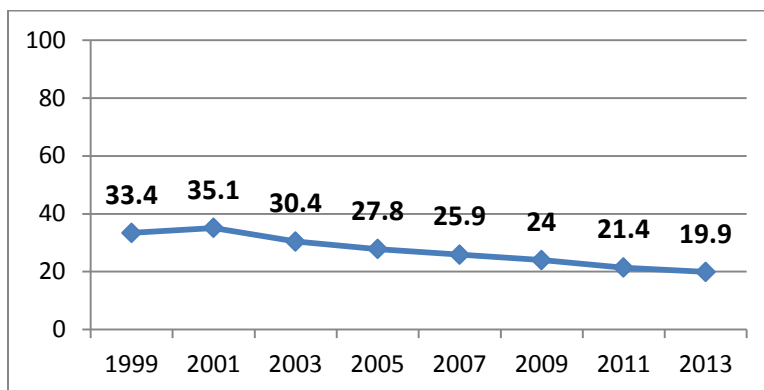
Ten-year Trend: Decreased



ALCOHOL AND OTHER DRUG USE -

PERCENTAGE OF MONTANA HIGH SCHOOL STUDENTS WHO . . .

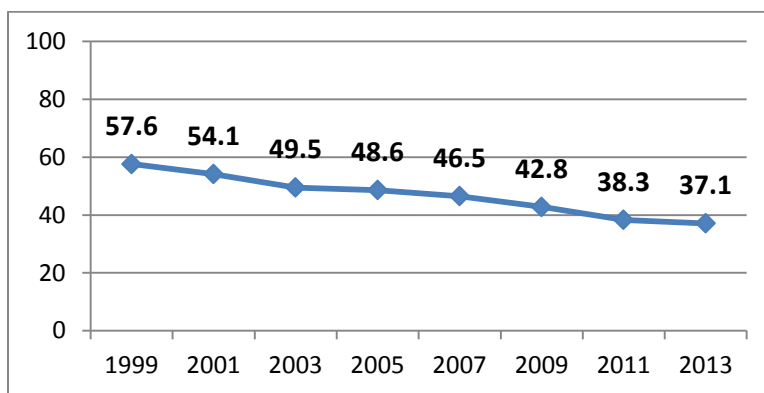
HAD FIRST DRINK OF ALCOHOL BEFORE AGE 13



2011-2013: No change

Ten-year Trend: Decreased

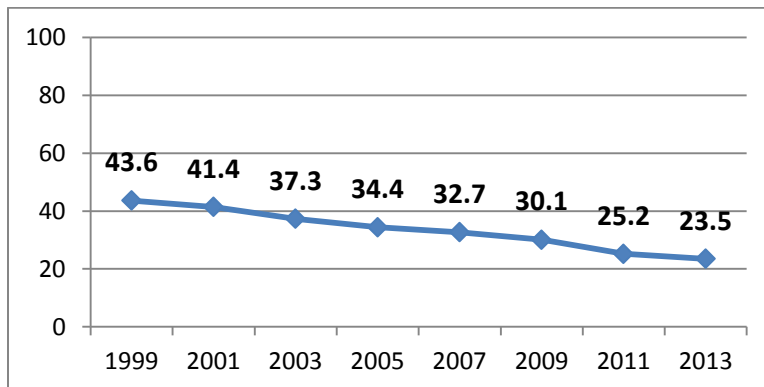
HAD AT LEAST ONE DRINK OF ALCOHOL DURING THE PAST 30 DAYS ("CURRENT DRINKERS")



2011-2013: No change

Ten-year Trend: Decreased

HAD FIVE OR MORE DRINKS OF ALCOHOL IN A ROW, THAT IS, WITHIN A COUPLE OF HOURS, DURING THE PAST 30 DAYS ("BINGE DRINK")



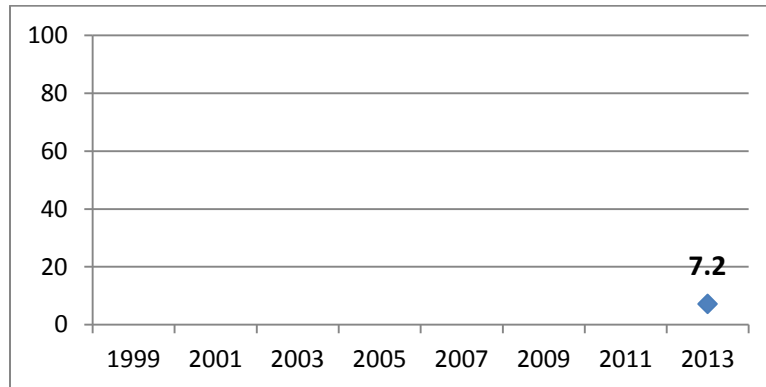
2011-2013: No change

Ten-year Trend: Decreased

ALCOHOL AND OTHER DRUG USE -

PERCENTAGE OF MONTANA HIGH SCHOOL STUDENTS WHO . . .

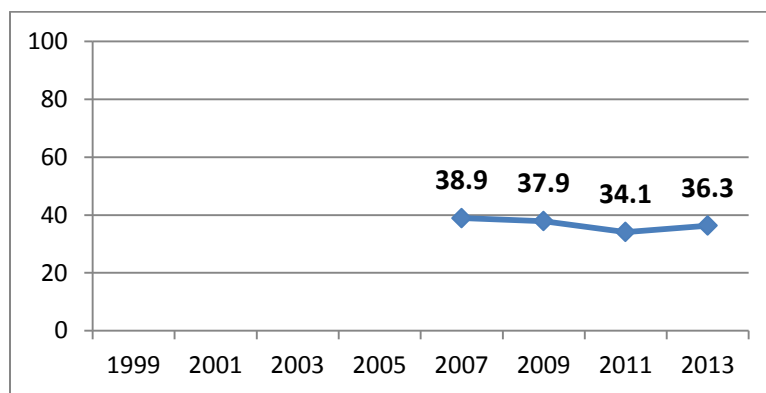
HAD 10 OR MORE DRINKS WITHIN A COUPLE HOURS DURING THE PAST 30 DAYS



AMONG CURRENT USERS OF ALCOHOL, USUALLY GOT THE ALCOHOL THEY DRANK FROM SOMEONE WHO GAVE IT TO THEM DURING THE PAST 30 DAYS

2011-2013: No change

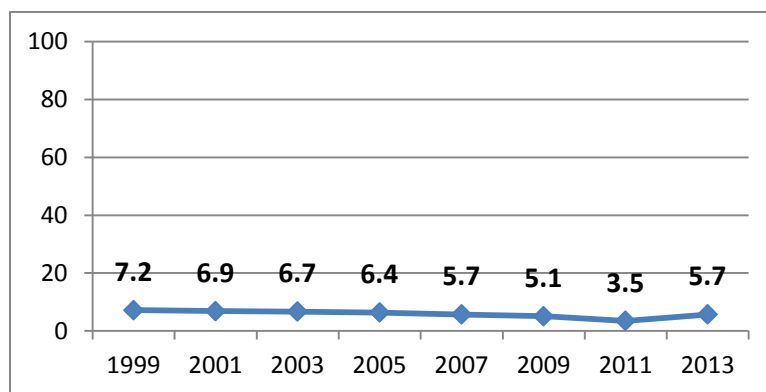
Ten-year Trend: No change



HAD AT LEAST ONE DRINK OF ALCOHOL ON SCHOOL PROPERTY DURING THE PAST 30 DAYS

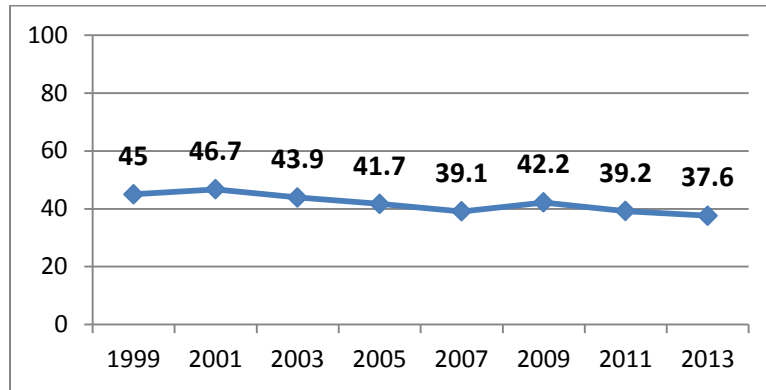
2011-2013: Increased

Ten-year Trend: Decreased



ALCOHOL AND OTHER DRUG USE -

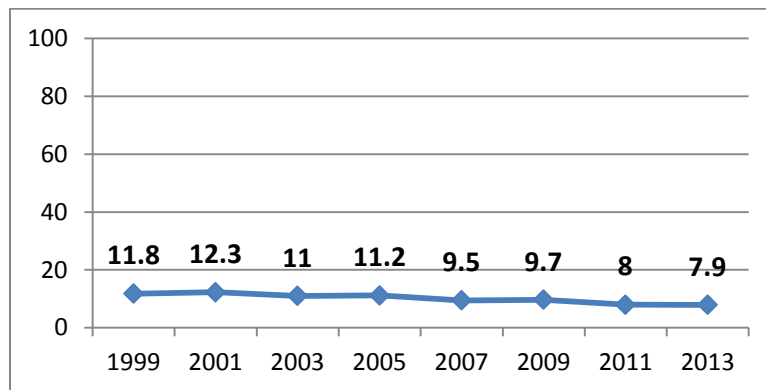
PERCENTAGE OF MONTANA HIGH SCHOOL STUDENTS WHO . . .
USED MARIJUANA DURING THEIR LIFE



2011-2013: No change

Ten-year Trend: Decreased

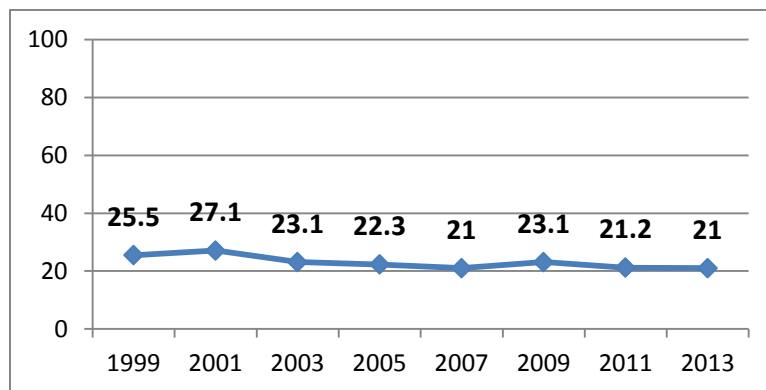
TRIED MARIJUANA BEFORE AGE 13



2011-2013: No change

Ten-year Trend: Decreased

USED MARIJUANA DURING THE PAST 30 DAYS ("CURRENT")



2011-2013: No change

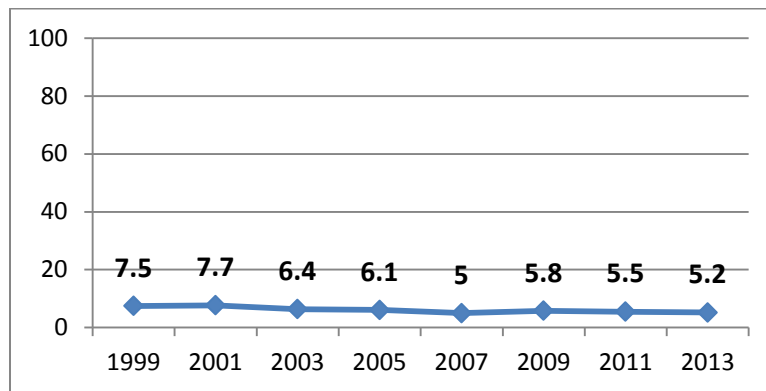
Ten-year Trend: No change

ALCOHOL AND OTHER DRUG USE -

PERCENTAGE OF MONTANA HIGH SCHOOL STUDENTS WHO . . .
USED MARIJUANA ON SCHOOL PROPERTY DURING THE PAST 30 DAYS

2011-2013: No change

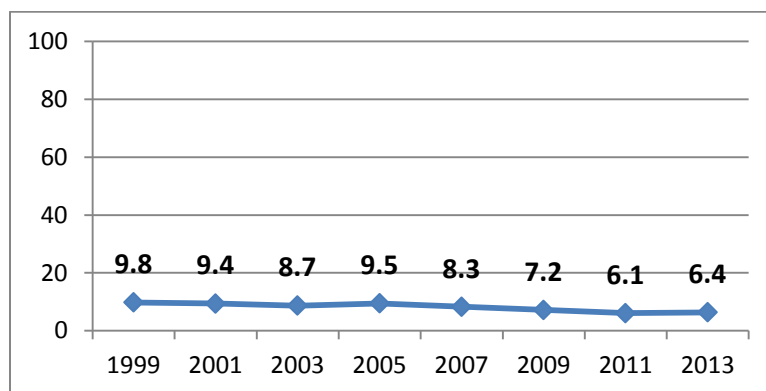
Ten-year Trend: No change



USED ANY FORM OF COCAINE DURING THEIR LIFE

2011-2013: No change

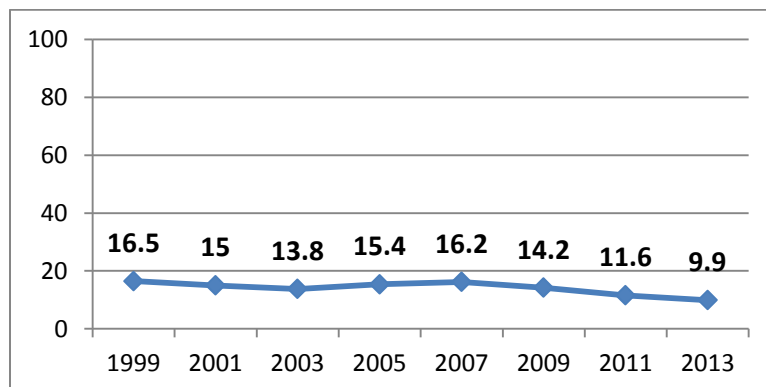
Ten-year Trend: Decreased



USED INHALANTS DURING THEIR LIFE (e.g., GLUES, PAINTS, AEROSOLS)

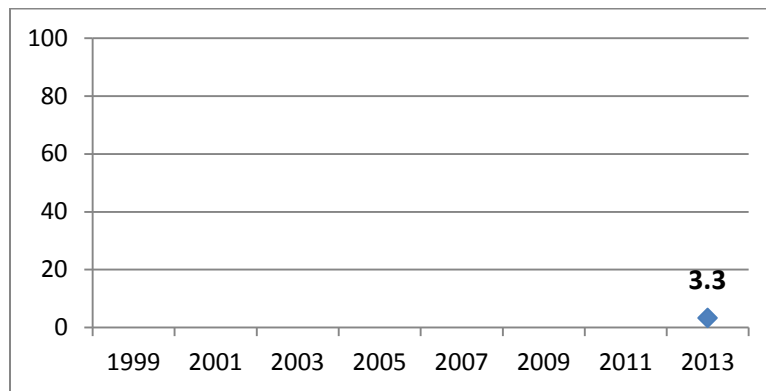
2011-2013: No change

Ten-year Trend: Decreased

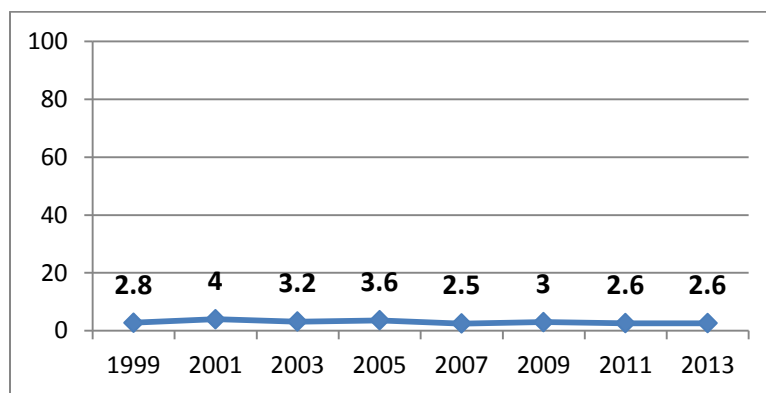


ALCOHOL AND OTHER DRUG USE -

PERCENTAGE OF MONTANA HIGH SCHOOL STUDENTS WHO . . .
USED INHALANTS DURING THE PAST 30 DAYS



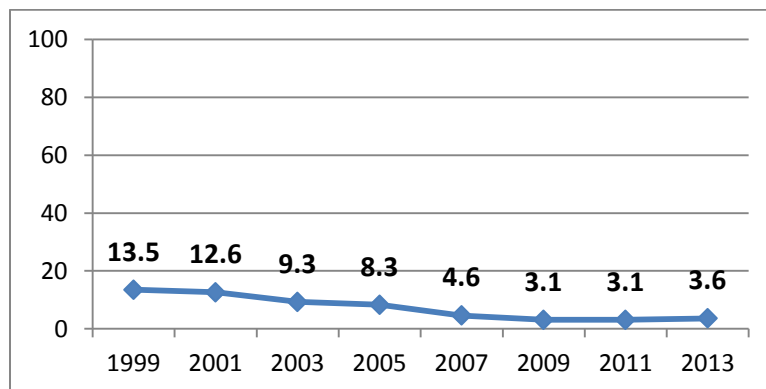
USED HEROIN DURING THEIR LIFE



2011-2013: No change

Ten-year Trend: Decreased

USED METHAMPHETAMINES DURING THEIR LIFE



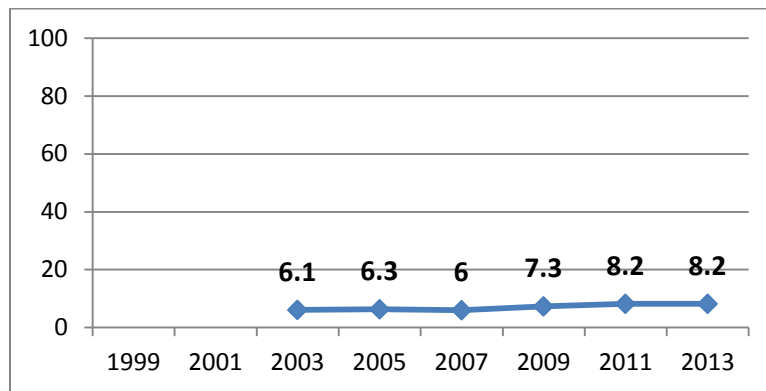
2011-2013: No change

Ten-year Trend: Decreased

ALCOHOL AND OTHER DRUG USE -

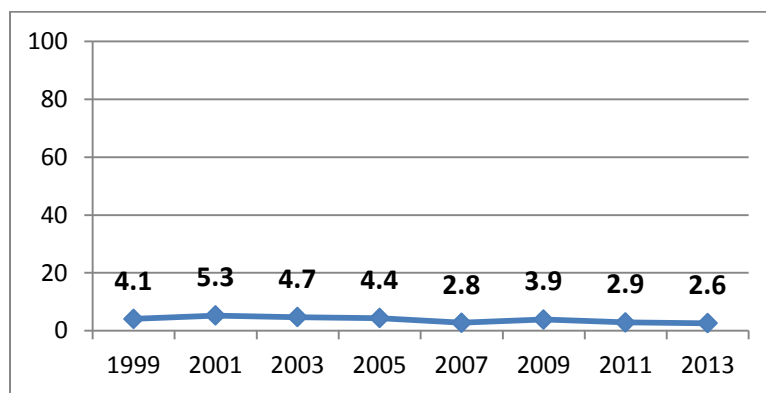
PERCENTAGE OF MONTANA HIGH SCHOOL STUDENTS WHO . . .
USED ECSTASY DURING THEIR LIFE

2011-2013: No change
Ten-year Trend: Increased



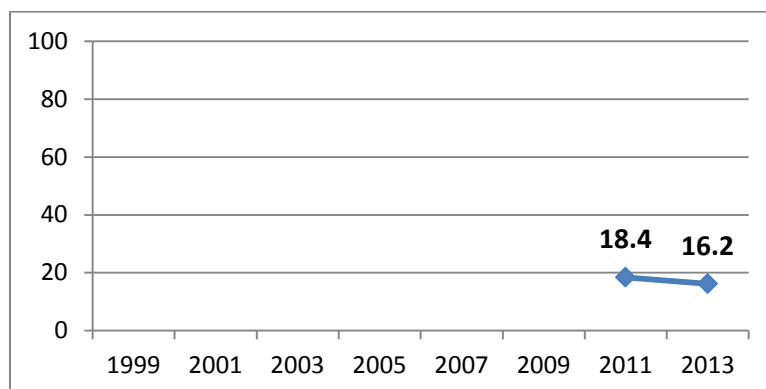
TOOK STEROID PILLS OR SHOTS WITHOUT A DOCTOR'S PRESCRIPTION DURING THEIR LIFE

2011-2013: No change
Ten-year Trend: Decreased



HAVE TAKEN A PRESCRIPTION DRUG (SUCH AS OXYCONTIN, PERCOCET, VICODIN, CODEINE, ADDERALL, RITALIN, OR XANAX) WITHOUT A DOCTOR'S PRESCRIPTION

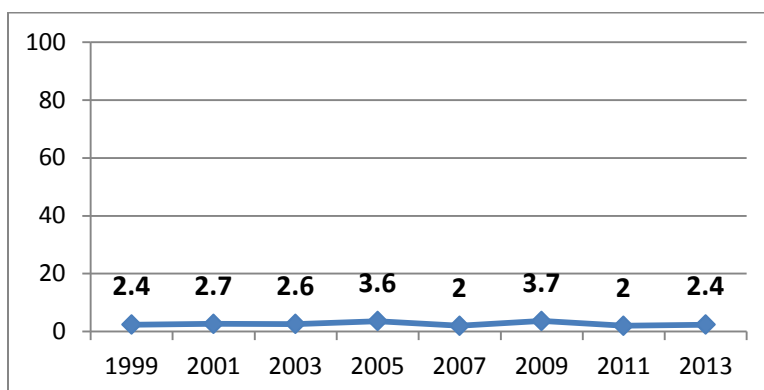
2011-2013: Decreased
Ten-year Trend: Decreased



ALCOHOL AND OTHER DRUG USE -

PERCENTAGE OF MONTANA HIGH SCHOOL STUDENTS WHO . . .

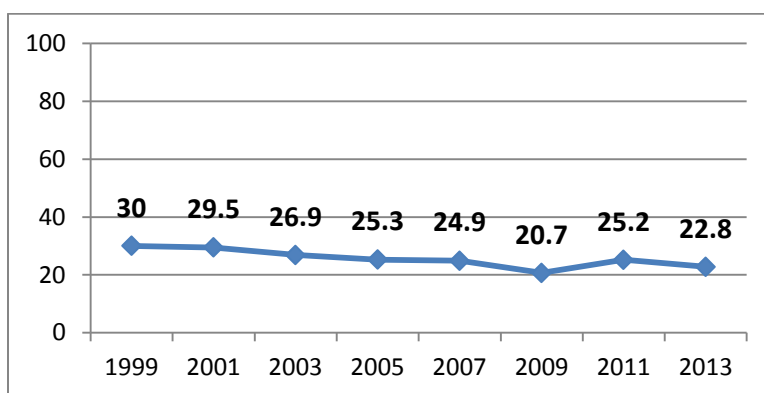
USED A NEEDLE TO INJECT ANY ILLEGAL DRUG INTO THEIR BODY DURING THEIR LIFE



2011-2013: No change

Ten-year Trend: No change

WERE OFFERED, SOLD, OR GIVEN AN ILLEGAL DRUG ON SCHOOL PROPERTY DURING THE PAST 12 MONTHS



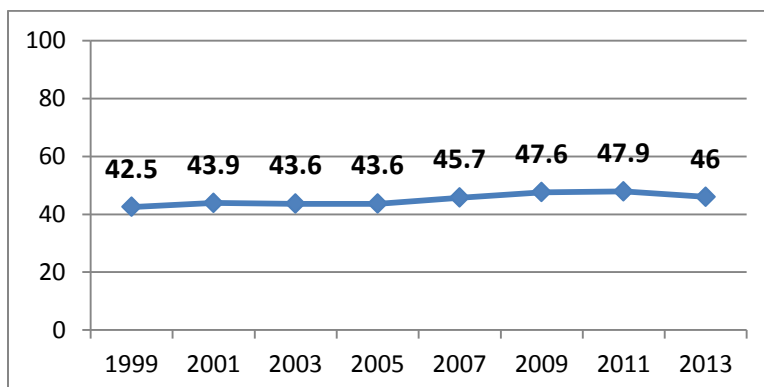
2011-2013: Decreased

Ten-year Trend: Decreased

SEXUAL BEHAVIORS -

PERCENTAGE OF MONTANA HIGH SCHOOL STUDENTS WHO . . .

EVER HAD SEXUAL INTERCOURSE DURING THEIR LIFETIME



2011-2013: No change

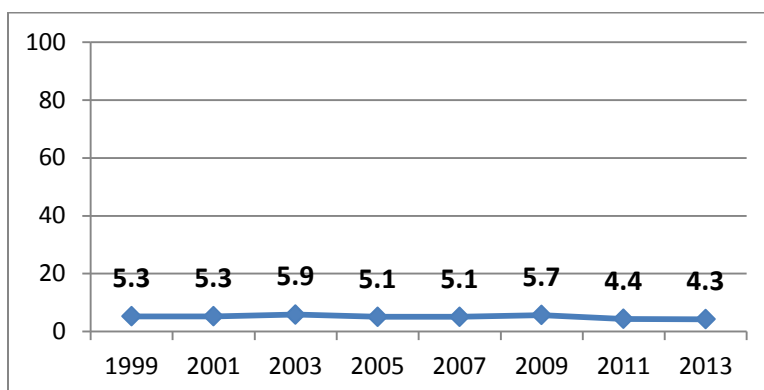
Ten-year Trend: Increased

SEXUAL BEHAVIORS -

PERCENTAGE OF MONTANA HIGH SCHOOL STUDENTS WHO . . .
HAD SEXUAL INTERCOURSE BEFORE AGE 13

2011-2013: No change

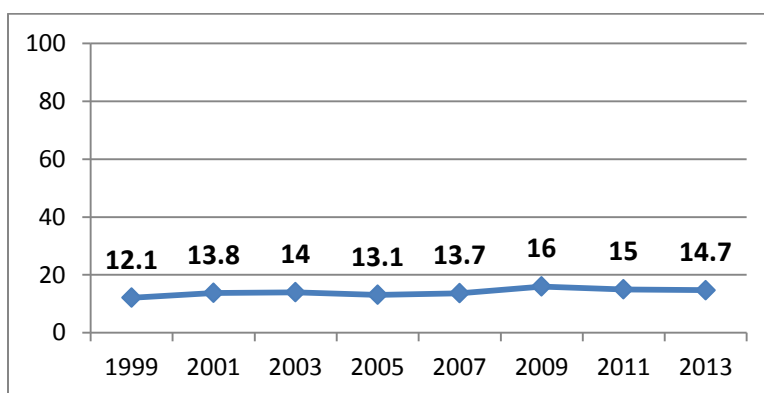
Ten-year Trend: Decreased



HAD SEXUAL INTERCOURSE WITH FOUR OR MORE PEOPLE DURING THEIR LIFE

2011-2013: No change

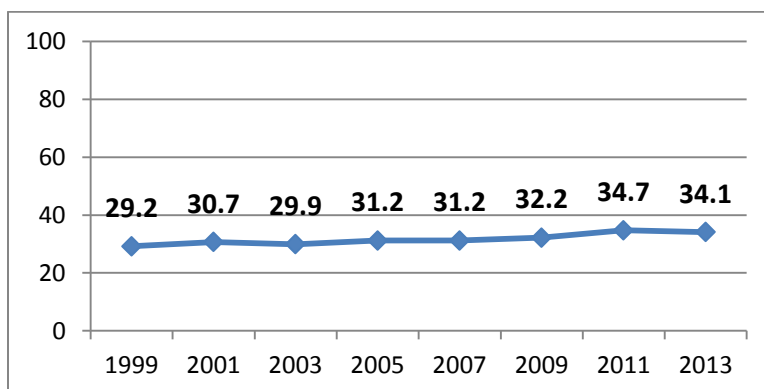
Ten-year Trend: No change



HAD SEXUAL INTERCOURSE DURING THE PAST THREE MONTHS ("CURRENTLY SEXUALLY ACTIVE")

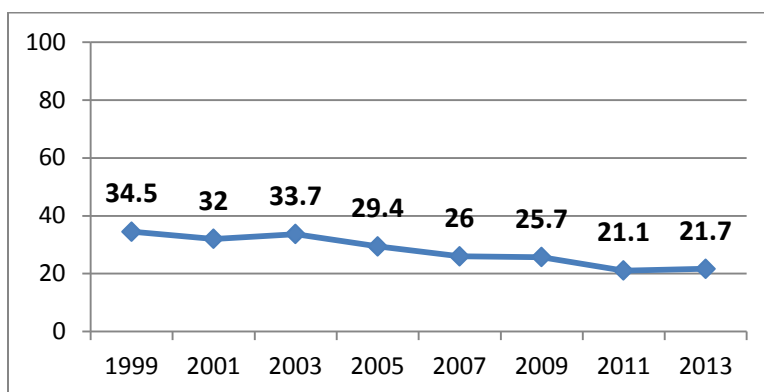
2011-2013: No change

Ten-year Trend: Increased



SEXUAL BEHAVIORS -

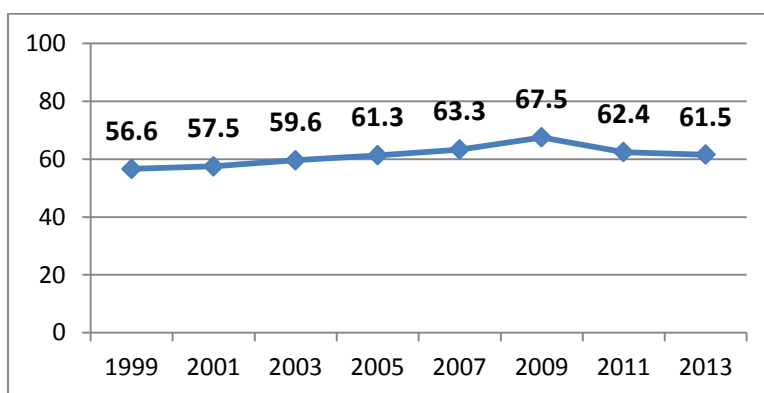
PERCENTAGE OF MONTANA HIGH SCHOOL STUDENTS WHO . . .
DRANK ALCOHOL OR USED DRUGS BEFORE LAST SEXUAL INTERCOURSE



2011-2013: No change

Ten-year Trend: Decreased

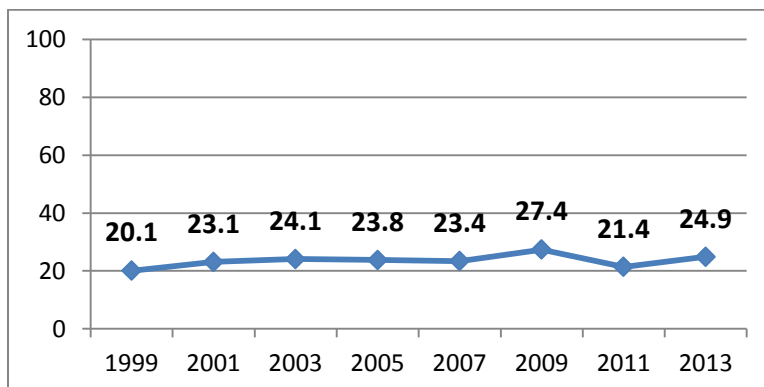
AMONG CURRENTLY SEXUALLY ACTIVE, USED A CONDOM DURING LAST SEXUAL INTERCOURSE



2011-2013: No change

Ten-year Trend: No change

AMONG CURRENTLY SEXUALLY ACTIVE, USED BIRTH CONTROL PILLS TO PREVENT PREGNANCY BEFORE LAST SEXUAL INTERCOURSE

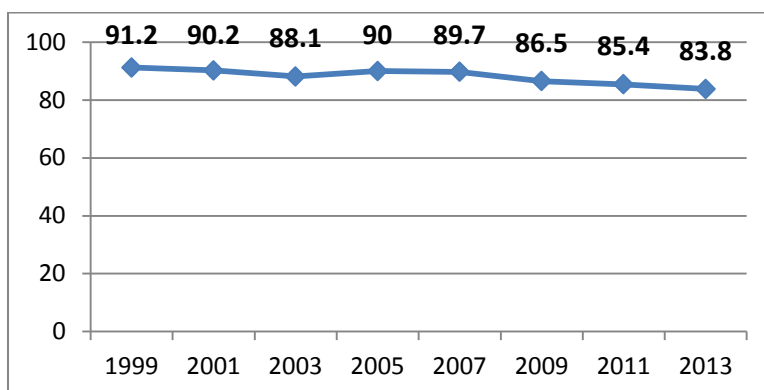


2011-2013: Increased

Ten-year Trend: Increased

SEXUAL BEHAVIORS -

PERCENTAGE OF MONTANA HIGH SCHOOL STUDENTS WHO . . .
HAD EVER BEEN TAUGHT ABOUT AIDS OR HIV INFECTION

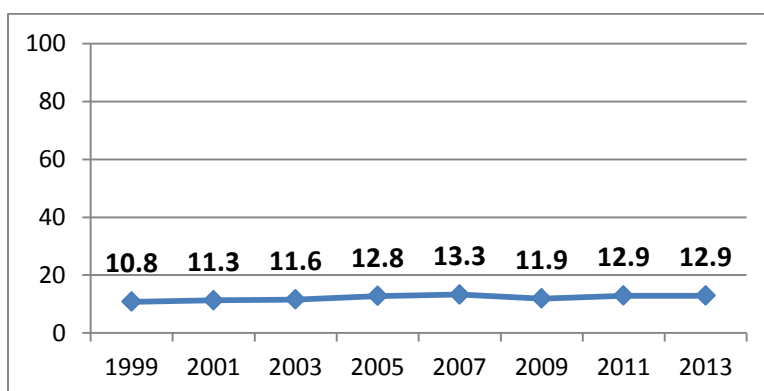


2011-2013: No change

Ten-year Trend: Decreased

WEIGHT MANAGEMENT AND DIETARY BEHAVIORS -

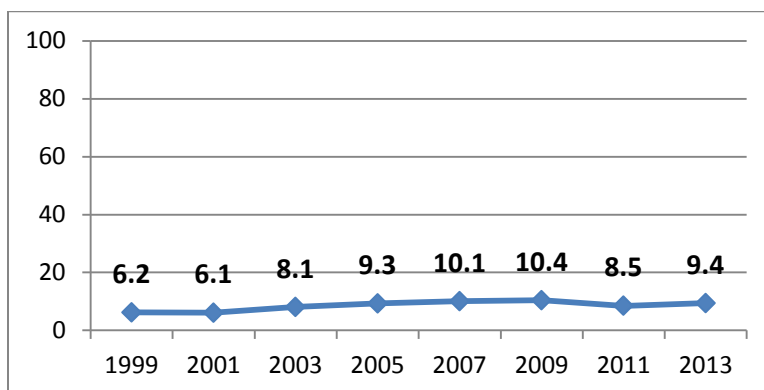
PERCENTAGE OF MONTANA HIGH SCHOOL STUDENTS WHO . . .
WERE OVERWEIGHT ($\geq 85^{\text{TH}}$ PERCENTILE BUT BELOW 95^{TH} PERCENTILE FOR BODY MASS INDEX)



2011-2013: No change

Ten-year Trend: No change

WERE OBESE ($\geq 95^{\text{TH}}$ PERCENTILE FOR BODY MASS INDEX)

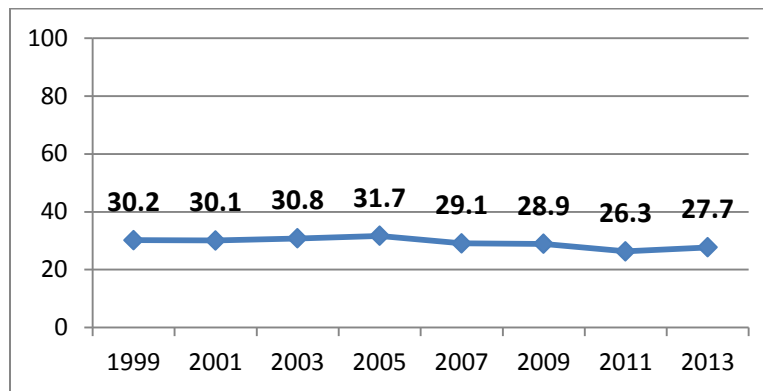


2011-2013: No change

Ten-year Trend: No change

WEIGHT MANAGEMENT AND DIETARY BEHAVIORS -

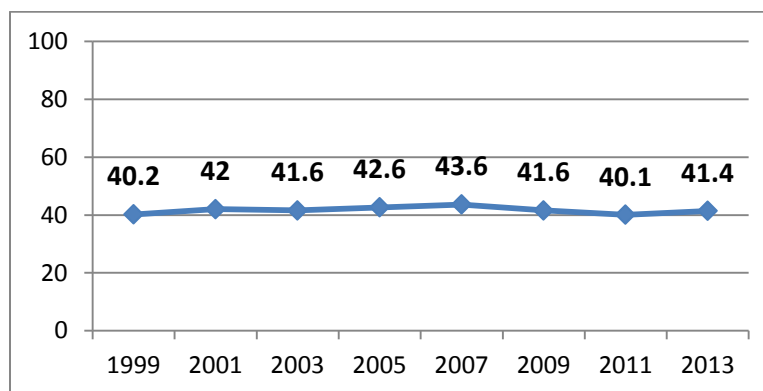
PERCENTAGE OF MONTANA HIGH SCHOOL STUDENTS WHO . . .
DESCRIBED THEMSELVES AS SLIGHTLY OR VERY OVERWEIGHT



2011-2013: No change

Ten-year Trend: Decreased

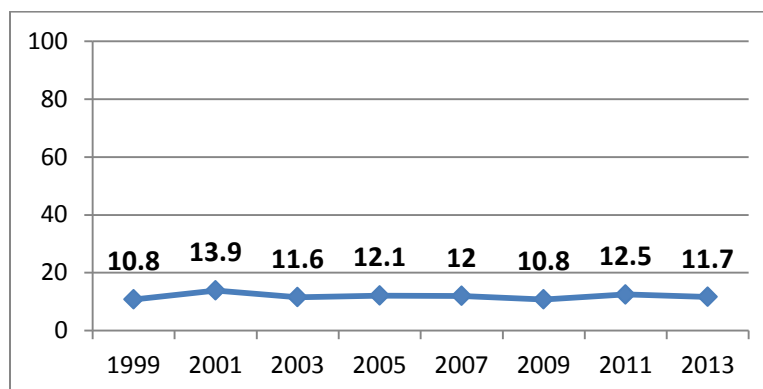
WERE TRYING TO LOSE WEIGHT



2011-2013: No change

Ten-year Trend: No change

WENT WITHOUT EATING FOR 24 HOURS OR MORE TO LOSE WEIGHT OR TO KEEP FROM GAINING WEIGHT DURING THE PAST 30 DAYS



2011-2013: No change

Ten-year Trend: No change

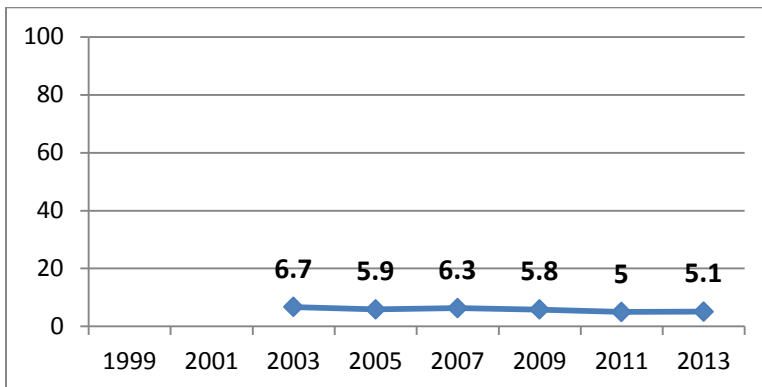
WEIGHT MANAGEMENT AND DIETARY BEHAVIORS -

PERCENTAGE OF MONTANA HIGH SCHOOL STUDENTS WHO . . .

TOOK DIET PILLS, POWDERS, OR LIQUIDS WITHOUT A DOCTOR'S ADVICE TO LOSE WEIGHT OR TO KEEP FROM GAINING WEIGHT DURING THE PAST 30 DAYS

2011-2013: No change

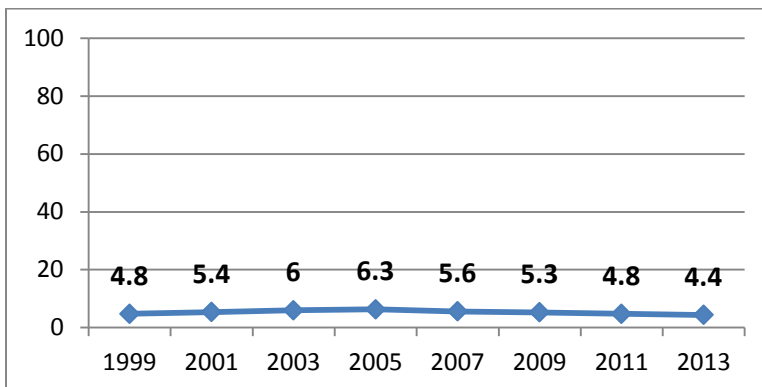
Ten-year Trend: Decreased



VOMITED OR TOOK LAXATIVES TO LOSE WEIGHT OR TO KEEP FROM GAINING WEIGHT DURING THE PAST 30 DAYS

2011-2013: No change

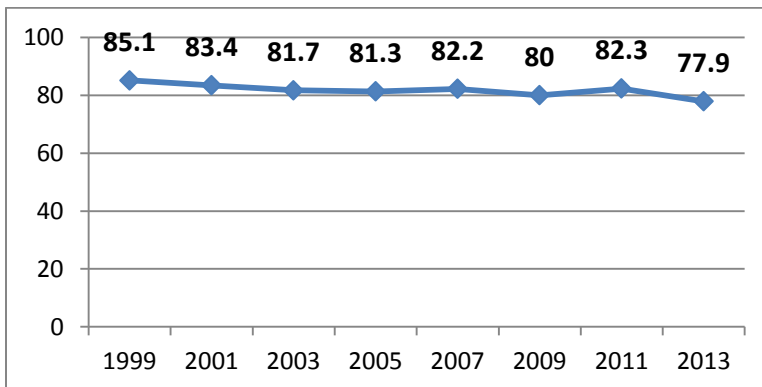
Ten-year Trend: Decreased



DRANK 100% FRUIT JUICES ONE OR MORE TIMES DURING THE PAST SEVEN DAYS

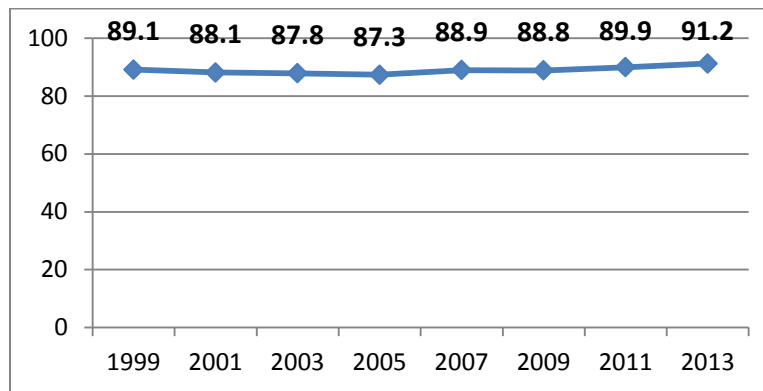
2011-2013: Decreased

Ten-year Trend: Decreased



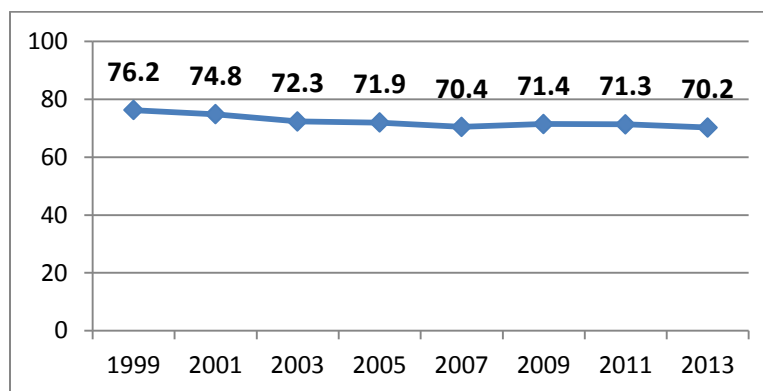
WEIGHT MANAGEMENT AND DIETARY BEHAVIORS -

PERCENTAGE OF MONTANA HIGH SCHOOL STUDENTS WHO . . .
ATE FRUIT ONE OR MORE TIMES DURING THE PAST SEVEN DAYS



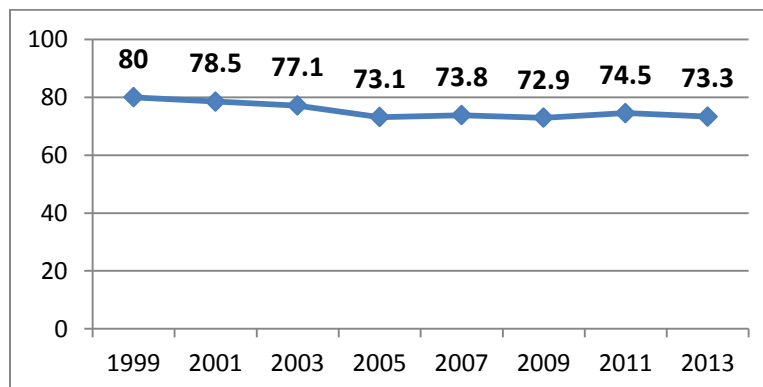
2011-2013: No change
Ten-year Trend: Increased

ATE GREEN SALAD ONE OR MORE TIMES DURING THE PAST SEVEN DAYS



2011-2013: No change
Ten-year Trend: No change

ATE POTATOES ONE OR MORE TIMES DURING THE PAST SEVEN DAYS

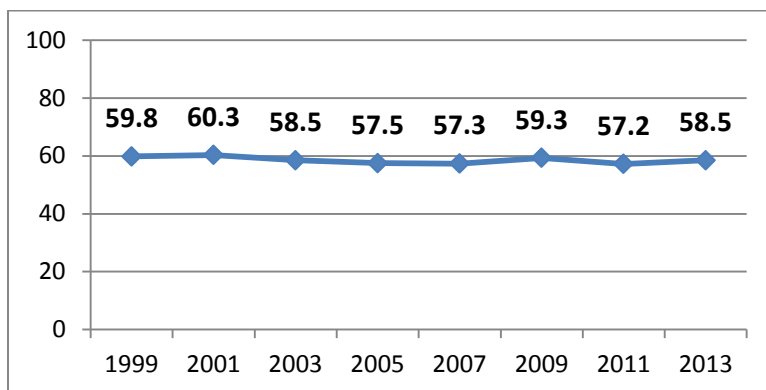


2011-2013: No change
Ten-year Trend: No change

WEIGHT MANAGEMENT AND DIETARY BEHAVIORS -

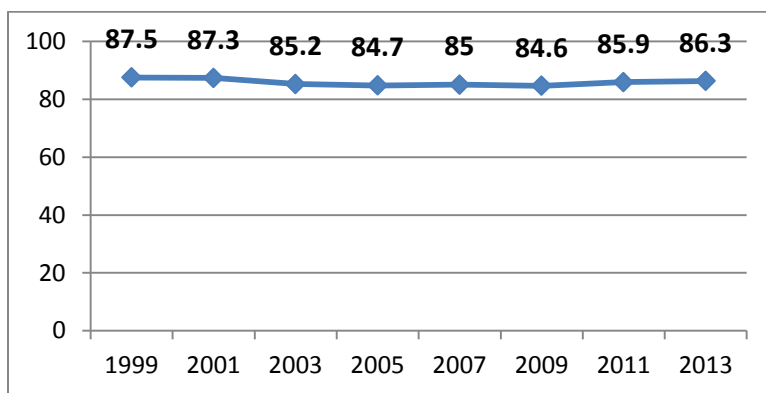
PERCENTAGE OF MONTANA HIGH SCHOOL STUDENTS WHO . . .
ATE CARROTS ONE OR MORE TIMES DURING THE PAST SEVEN DAYS

2011-2013: No change
Ten-year Trend: No change



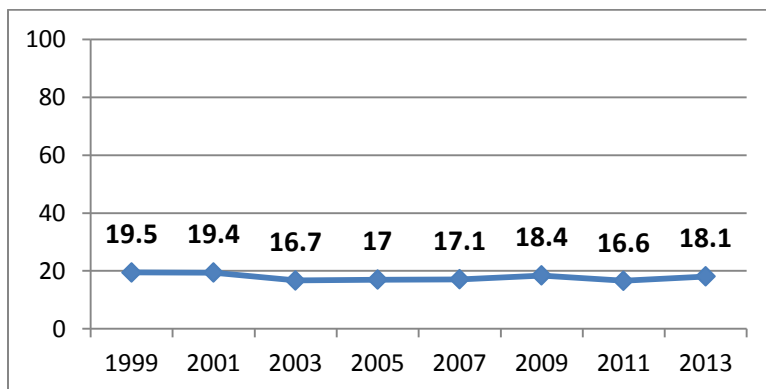
ATE OTHER VEGETABLES ONE OR MORE TIMES DURING THE PAST SEVEN DAYS

2011-2013: No change
Ten-year Trend: No change



ATE FRUITS AND VEGETABLES FIVE OR MORE TIMES PER DAY DURING THE PAST SEVEN DAYS

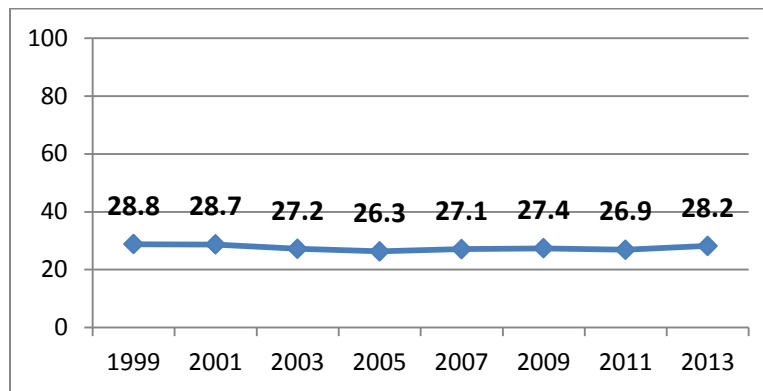
2011-2013: No change
Ten-year Trend: No change



WEIGHT MANAGEMENT AND DIETARY BEHAVIORS -

PERCENTAGE OF MONTANA HIGH SCHOOL STUDENTS WHO . . .

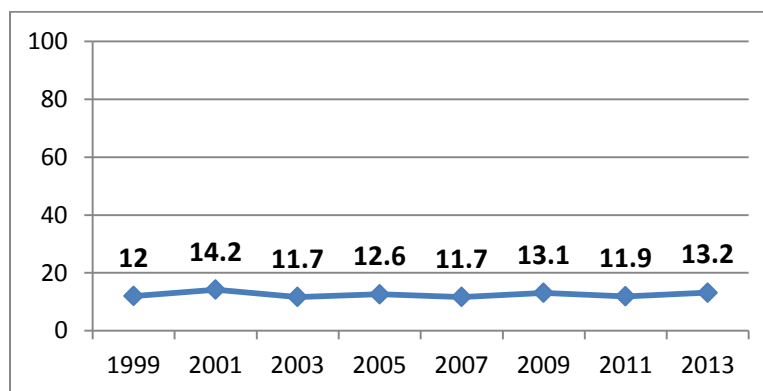
ATE FRUITS OR DRANK 100% FRUIT JUICES TWO OR MORE TIMES PER DAY DURING THE PAST SEVEN DAYS



2011-2013: No change

Ten-year Trend: No change

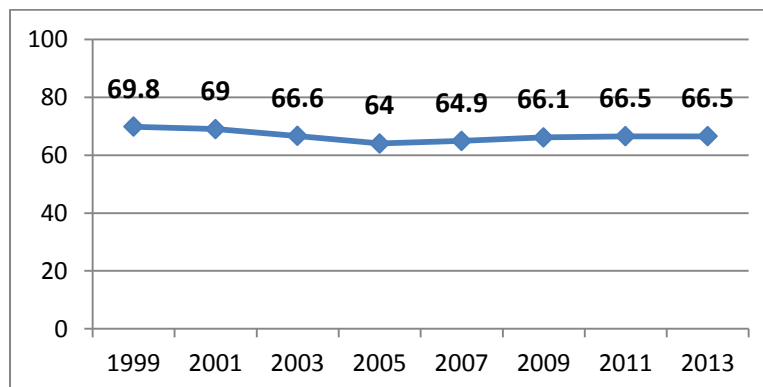
ATE VEGETABLES THREE OR MORE TIMES PER DAY DURING THE PAST SEVEN DAYS



2011-2013: No change

Ten-year Trend: No change

ATE VEGETABLES ONE OR MORE TIMES PER DAY DURING THE PAST SEVEN DAYS



2011-2013: No change

Ten-year Trend: No change

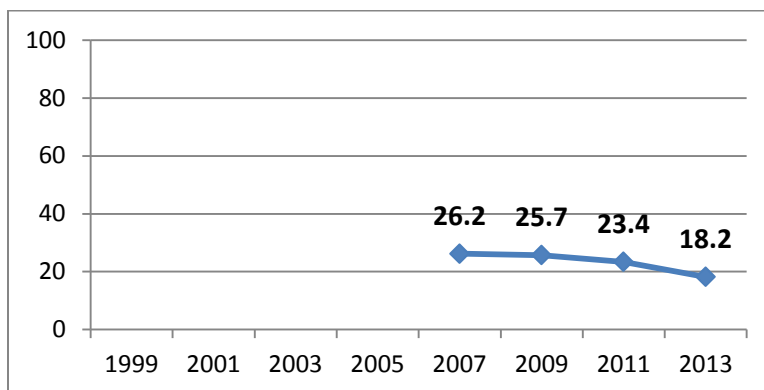
WEIGHT MANAGEMENT AND DIETARY BEHAVIORS -

PERCENTAGE OF MONTANA HIGH SCHOOL STUDENTS WHO . . .

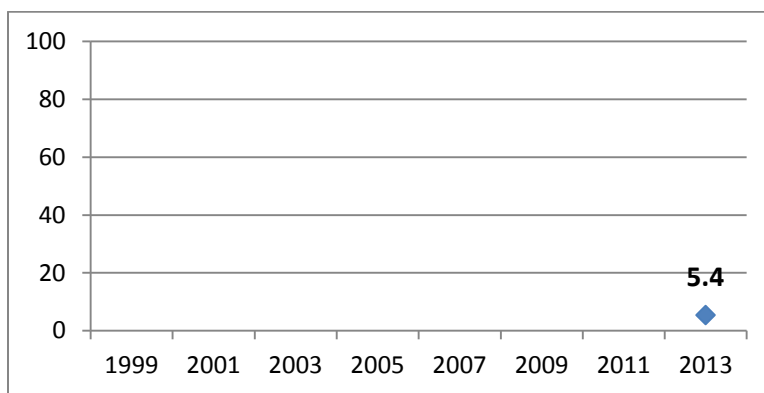
DRANK A CAN, BOTTLE, OR GLASS OF SODA OR POP ONE OR MORE TIMES PER DAY DURING THE PAST SEVEN DAYS

2011-2013: Decreased

Ten-year Trend: Decreased



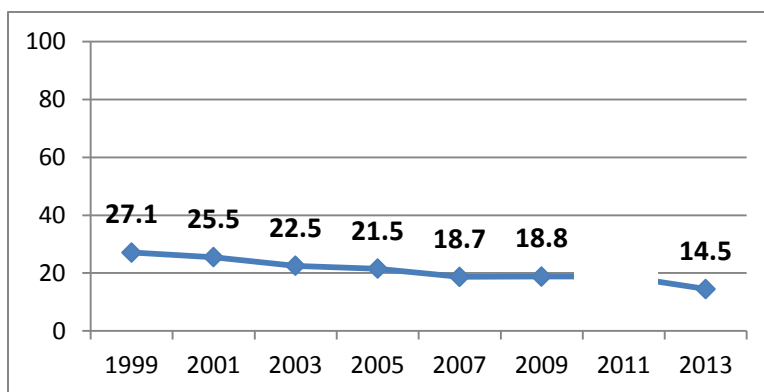
DRANK A CAN, BOTTLE, OR GLASS OF DIET SODA OR POP ONE OR MORE TIMES PER DAY DURING THE PAST SEVEN DAYS



DRANK THREE OR MORE GLASSES OF MILK PER DAY DURING THE PAST SEVEN DAYS

2011-2013: Data break

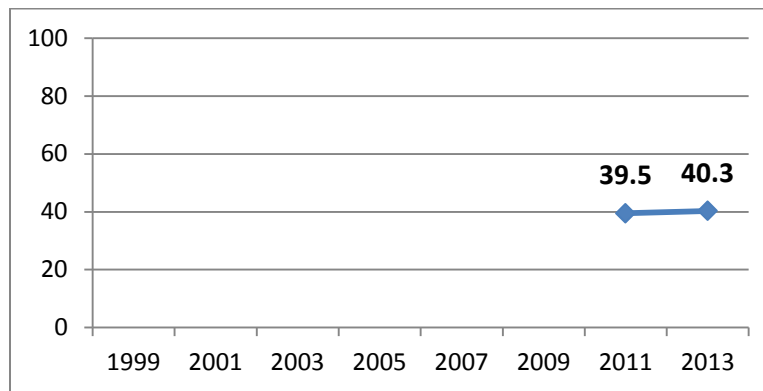
Ten-year Trend: Decreased



WEIGHT MANAGEMENT AND DIETARY BEHAVIORS -

PERCENTAGE OF MONTANA HIGH SCHOOL STUDENTS WHO . . .

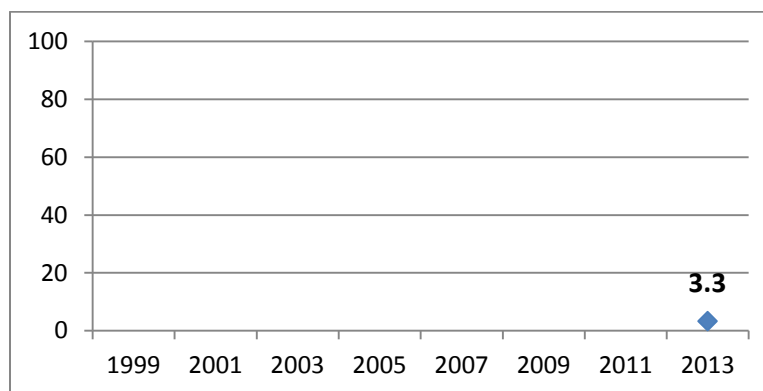
ATE BREAKFAST DAILY DURING THE PAST SEVEN DAYS



2011-2013: No change

Ten-year Trend: No change

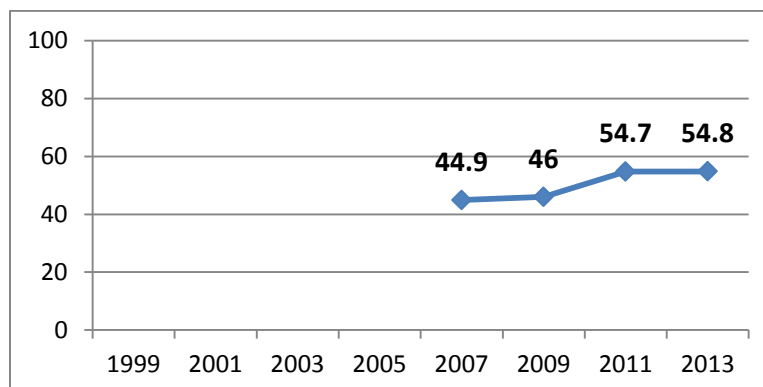
MOST OF THE TIME OR ALWAYS WENT HUNGRY DURING THE PAST 30 DAYS BECAUSE THERE WAS NOT ENOUGH FOOD IN THEIR HOME



PHYSICAL ACTIVITY -

PERCENTAGE OF MONTANA HIGH SCHOOL STUDENTS WHO . . .

WERE PHYSICALLY ACTIVE FOR A TOTAL OF AT LEAST 60 MINUTES PER DAY ON FIVE OR MORE OF THE PAST SEVEN DAYS



2011-2013: No change

Ten-year Trend: Increased

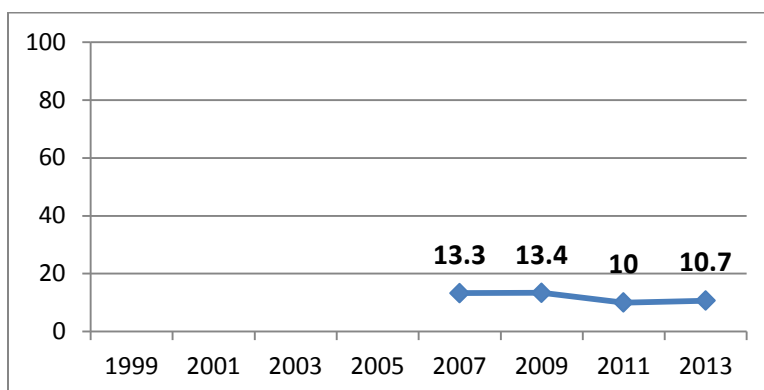
PHYSICAL ACTIVITY -

PERCENTAGE OF MONTANA HIGH SCHOOL STUDENTS WHO . . .

DID NOT PARTICIPATE IN AT LEAST 60 MINUTES OF PHYSICAL ACTIVITY ON ANY OF THE PAST SEVEN DAYS

2011-2013: No change

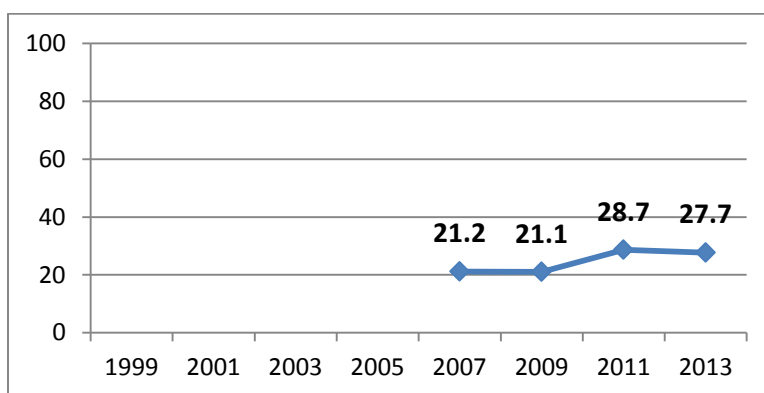
Ten-year Trend: Decreased



WERE PHYSICALLY ACTIVE FOR A TOTAL OF AT LEAST 60 MINUTES PER DAY ON 7 OF THE PAST SEVEN DAYS

2011-2013: No change

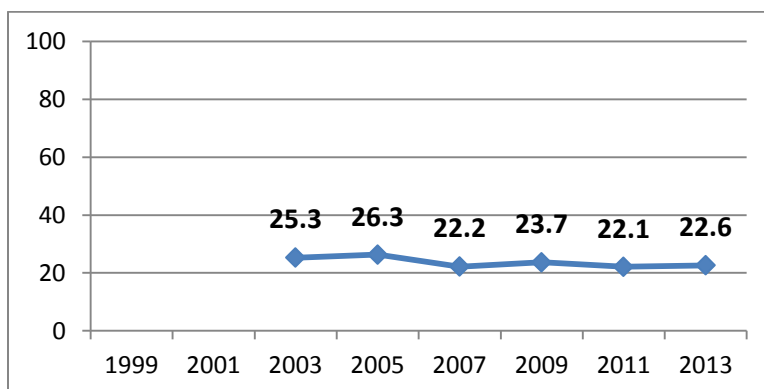
Ten-year Trend: Increased



WATCHED THREE OR MORE HOURS OF TV PER DAY ON AN AVERAGE SCHOOL DAY

2011-2013: No change

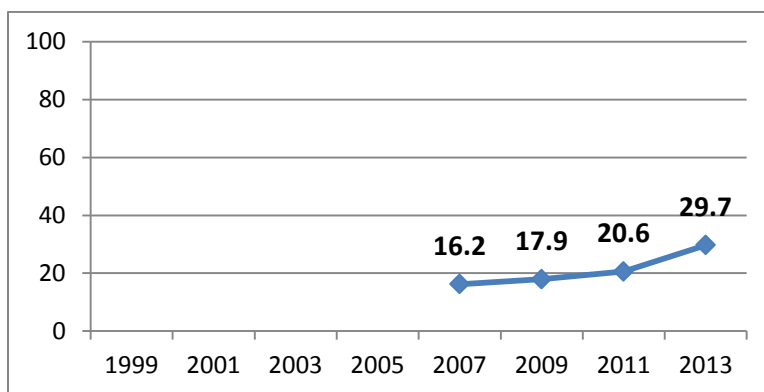
Ten-year Trend: Decreased



PHYSICAL ACTIVITY -

PERCENTAGE OF MONTANA HIGH SCHOOL STUDENTS WHO . . .

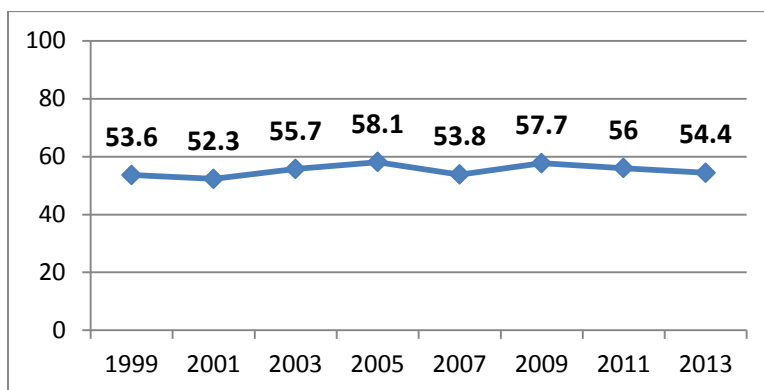
PLAYED VIDEO OR COMPUTER GAMES OR USED A COMPUTER FOR SOMETHING THAT WAS NOT SCHOOL RELATED THREE OR MORE HOURS PER DAY ON AN AVERAGE SCHOOL DAY (TIME SPENT ON THINGS SUCH AS XBOX, PLAYSTATION, AN IPOD, AN IPAD OR OTHER TABLET, A SMARTPHONE, YOUTUBE, FACEBOOK OR OTHER SPECIAL NETWORKING TOOLS, AND THE INTERNET).



2011-2013: Increased

Ten-year Trend: Increased

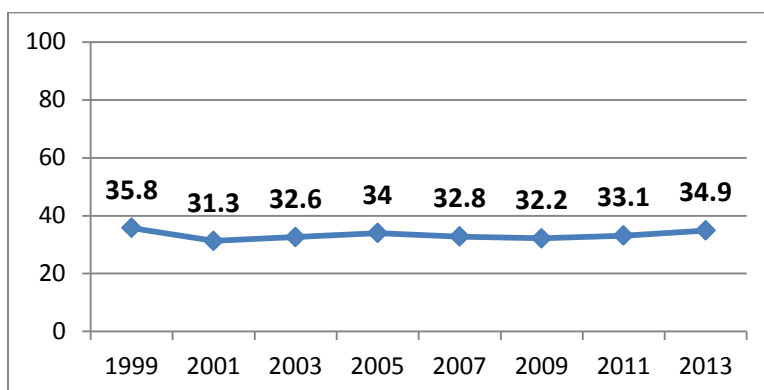
ATTENDED PHYSICAL EDUCATION (PE) CLASSES ON ONE OR MORE DAYS IN AN AVERAGE SCHOOL WEEK



2011-2013: No change

Ten-year Trend: No change

ATTENDED PHYSICAL EDUCATION (PE) CLASSES DAILY IN AN AVERAGE SCHOOL WEEK



2011-2013: No change

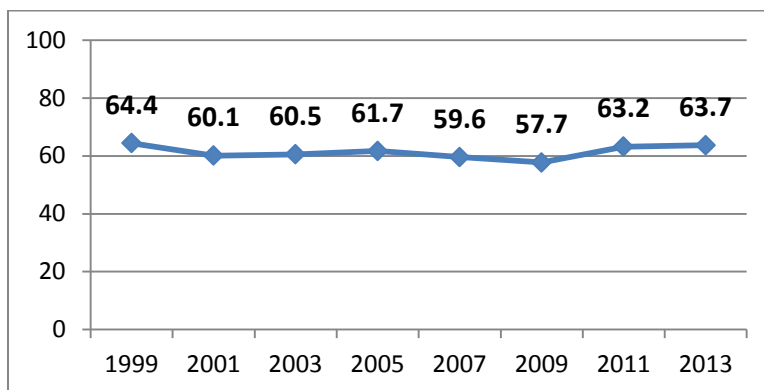
Ten-year Trend: No change

PHYSICAL ACTIVITY -

PERCENTAGE OF MONTANA HIGH SCHOOL STUDENTS WHO . . .
PLAYED ON ONE OR MORE SPORTS TEAMS DURING THE PAST 12 MONTHS

2011-2013: No change

Ten-year Trend: Increased

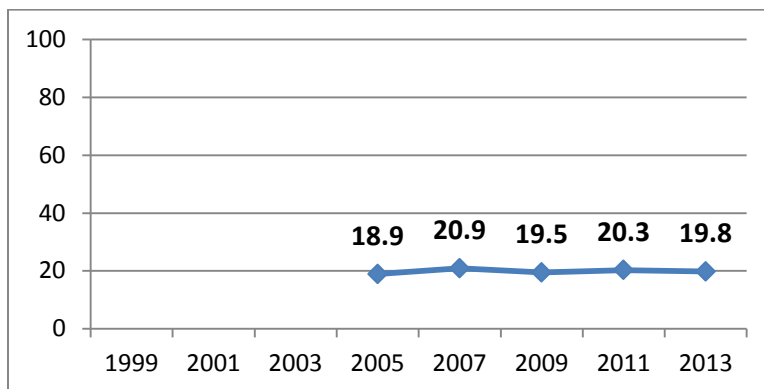


OTHER -

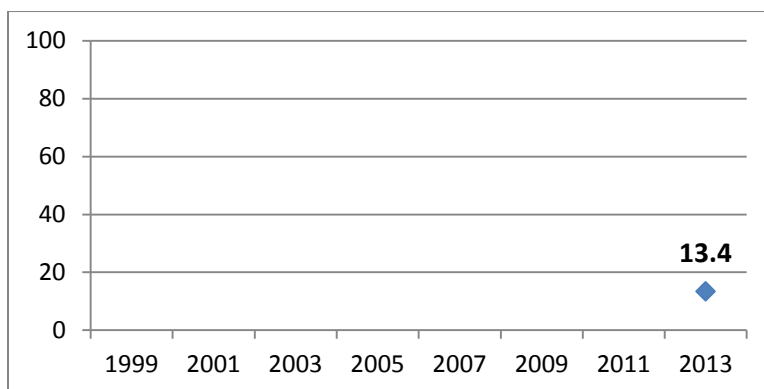
PERCENTAGE OF MONTANA HIGH SCHOOL STUDENTS WHO . . .
HAD EVER BEEN TOLD BY A DOCTOR OR NURSE THAT THEY HAD ASTHMA

2011-2013: No change

Ten-year Trend: No change



USED A TANNING DEVICE SUCH AS A SUNLAMP, SUNBED, OR TANNING BOOTH DURING THE PAST 12 MONTHS



The Youth Risk Behavior Survey (YRBS) is funded through a cooperative agreement with the U.S. Centers for Disease Control and Prevention. The YRBS has been conducted by the Montana Office of Public Instruction since 1991.